



**TREKABOUT WALKING CLUB –May 2012- NEW START TIME IN MAY**

**Tuesday walks 7:30am-8:30am ● Thursday walks 7:30am – 9:30am**

**Walks are graded on a scale of 1-4 (with 4 being the most difficult)**

***HIKING BOOTS REQUIRED ● CARRY WATER ● DOGS MUST BE ON LEASH***

**Tuesday, May 1**

**“Constellation Trail System ” (New Trail)-**Many loop options in the Granite Dells with great views.

*Level: 3*

*Directions:* Parking area off of Highway 89 north of the roundabout and south of Highway 89A at the Phippen Museum (4701 N State Route 89). Park in the improved lot area next to Phippen Museum.

*Sponsoring Organization:* YCCHS

*Leader:* Jacque/ Leslie/ Paul

**Thursday, May 3 \*\*\* NEW TRAIL\*\*\***

**“Centennial Trail East” –** This new trail starts at the Westridge and descends toward Forbing Park and N. Kile St. and finishes at the Dalke Petroglyphs.

*Level: 2.5*

*Directions:* Take Gail Gardner Way towards the old Lamb Subaru dealership and turn west onto Westridge Dr. Go 200 yards and park behind the old dealership before you go up the hill.

*Sponsoring Organization:* Parks and Rec

*Leader:* Chris

**Tuesday, May 8**

**“Hassayampa Lower Aspen Creek Trail” -** Follows Aspen Creek through the Hassayampa Golf Course

*Level: 3*

*Directions:* Take Copper Basin Rd to Highland Ave. Take left on Middlebrook Rd. Park on Middlebrook Rd near Poplar Ln. Very restrictive parking. Highly encouraged to carpool- meet at the Safeway on White Spar 15 minutes before the scheduled start time.

*Sponsoring Organization:* Parks and Rec

*Leader:* Chris

**Thursday, May 10**

**“West Spruce”-** Beautiful views of the Prescott Basin

*Level: 3.5*

*Directions:* From the Plaza, drive west for about 3 ½ miles on Gurley St. to the Thumb Butte trail head. Road is all blacktop. From there, continue on for 1.8 miles to a Y junction. Thumb Butte Road changes to dirt after the first ½ mile. Turn left at the Y onto FR 373 and drive for 3.1 more miles to the trail head for trail #264. FR 373 climbs and winds a lot, and is bumpy in places. It is OK for passenger cars driven slowly. The trail head is on the right just before a cattle guard. Park here, off the road on the dirt, near brown trail sign. Park Carefully to leave room for other vehicles. **To carpool:** Park at Bowling Alley on Thumb Butte Road

*Sponsoring Organization:* YMCA

*Leader:* Kacey

**Tuesday, May 15**

**“Senator Highway Loop” –** Dirt trail leading down from Senator Highway to School House, then back up again on the north side of upper and lower Goldwater Lakes.

*Level: 3*

*Directions:* Take S. Mt. Vernon (turns into Senator Highway) just under 4 miles, heading towards Goldwater Lake. Before you reach the Lake entrance, pull over on the right side into a dirt parking area. Right next to the parking area is a brown sign that says, “Goldwater Lake next right”.

*Sponsoring Organization:* YCCHS

*Leader:* Jacque/ Leslie/ Paul

**Thursday, May 17**

**"Thumb Butte #318 Chimney Loop"** - Ascend Trail #318, then turn right to descend to the "chimney" before climbing back up to Thumb Butte Park. Steep, winding trail through the forest. Be prepared for water crossings.

*Level:* 4

*Directions:* Go west on Gurley Street (turns into Thumb Butte Road) until you enter Thumb Butte Park. Parking on the right. Fee Area. To carpool, park at the bowling alley..

*Sponsoring Organization:* YMCA

*Leader:* Kacey

**Tuesday, May 22**

**"Watson Loop Trail" \*\*\*NEW TRAIL SECTION** – Trail starts at old boat ramp at Watson Lake and heads north to Watson Dam Trail. Will continue to the Flume Trail and back to the boat dock.

*Level:* 4

*Directions:* Go into Watson Lake Park from the roundabout on Highway 89, continue straight past the large field on the left hand side. Park on the east side of the field and we will walk to the boat ramp

*Sponsoring Organization:* Parks and Rec

*Leader:* Chris

**Thursday, May 24**

**"Smith Ravine"** – Steep trail in the pines. Out and back.

*Level:* 4

*Directions:* Turn south on Walker Road by Costco. Go south five miles. Park in small pullout on the right. Limited parking is available at the trailhead. To carpool, meet on east side of Petsmart (by Costco).

*Sponsoring Organization:* YMCA

*Leader:* Kacey

**Tuesday, May 29**

**"Lynx Lake plus Homestead Trail 305"** –Beautiful, dirt trail that surrounds magnificent Lynx Lake, plus the campground trail. Some areas steep with loose gravel.

*Level:* 2

*Directions:* Turn by Price Costco on Walker Road (see sign for Lynx Lake). Follow signs to lake south shore and boat ramp area (past the campground). Park near the bathrooms. Fee Area. To carpool, meet at Petsmart next to Costco.

*Sponsoring Organization:* YCCHS

*Leader:* Jacque/ Leslie/ Paul

**Thursday, May 31**

**Spruce Mountain #307** – starts steep with gradual inclines; dirt trail through timber.

*Level:* 4

*Directions:* Turn south on Senator Highway and go approximately 6.5 miles to Groom Creek Horse Camp. Parking lot and trailhead on left side of road.

*Sponsoring Organization:* YCCHS

*Leader:* Jacque/ Leslie/ Paul

***If weather is questionable please call the YMCA 445-7221***