



# 2012 Prescott Senior Olympics Swim Meet

## October 27th

**Date: 10/27/12**

**Time: Warm-ups 8:00am  
Meet Starts at 9:00am**

**Pre-register by: 10/24/12**

**Entry fees:**

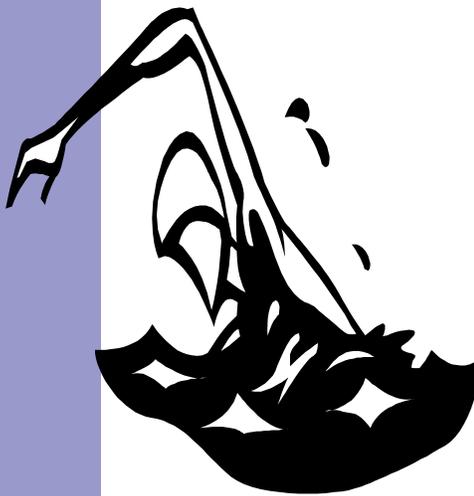
- \$10.00 per swimmer
- \$5.00 per event

**Eligibility:** Open to registered athletes FIFTY years of age or older. There will be no time standard for this meet. Swimmers with a disability are welcome to enter.

**Rules:** All events are pre-seeded, timed final events. Events are functionally seeded and scored separately by five year age groups. Entry times will be the swimmers best Short Course Yard. No time entries will be accepted.

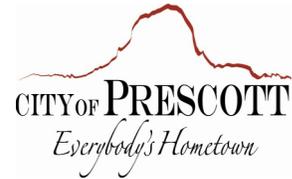
For more information or to register call:

928-445-7221 extension 39



Medals will be awarded 1st through 3rd place in the following age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+ and over.

Sponsored by:  
The Prescott YMCA  
&  
The City of Prescott



Mail form and entry fee to:  
Prescott YMCA 750 Whipple St.  
Prescott AZ, 86301  
Phone: 928-445-7221x39  
Fax: 928-445-5135  
E-mail:  
trisha.soriano@prescottymca.org

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Sex

\_\_\_\_\_  
Age on race day

\_\_\_\_\_  
Signature

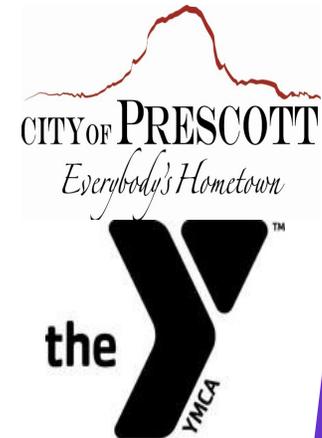
\_\_\_\_\_  
Date



**Order of  
Events**

**Please mark which event you  
would like to compete in.  
Please enter a time or nt for no  
time.**

- 200 Free \_\_\_\_\_
- 100 Breast \_\_\_\_\_
- 100 Back \_\_\_\_\_
- 100 Butterfly \_\_\_\_\_
- 100 Free \_\_\_\_\_
- 200 IM \_\_\_\_\_  
(10 min break)
- 50 Breast \_\_\_\_\_
- 50 Back \_\_\_\_\_
- 50 Fly \_\_\_\_\_
- 50 Free \_\_\_\_\_
- 100 IM \_\_\_\_\_





# Liability Release Emergency Information

For Positive Identification

Please print

Name(s) 18 years and up \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ M / F

\_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ M / F

Name(s) 17 years and under in possession of school or other ID card:

\_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ M / F

\_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ M / F

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Phone \_\_\_\_\_ Zip Code \_\_\_\_\_

Email Address \_\_\_\_\_

Emergency Contact:

Name \_\_\_\_\_ Phone \_\_\_\_\_

## Liability Release

In consideration of my participation in the activities of the Prescott YMCA, I do hereby agree to hold free from any and all liability the Prescott YMCA, its respective officers, employees and members and do hereby for myself, heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have hereafter accrue to me arising out of or connected with my participation in any activities of the Prescott YMCA. I hereby declare myself to be physically sound, having medical approval to participate in the activities of the YMCA.

## Prescott YMCA

*Responsible Behavior Policy*

This form must be initialed where indicated and signed by everyone who uses the Prescott YMCA. Anyone under the age of 18 must initial/sign and have a parent or legal guardian sign as well.

Any person under the age of 10 must be supervised and accompanied by an adult (18 years or older) at all times and in all areas of the facility. Indirect supervision is allowed in the gymnasium. For example, a parent may leave children in the gym while the parent is in the Fitness Center.

Since the YMCA is NOT intended as a "Care Center," no one, regardless of age, should be left at the YMCA for extended periods of time unless they are enrolled in a specific program. Direct supervision of children under the age of 10 is required in the Aquatics Center.

### Day Passes/Guest Passes/Away Cards

\_\_\_\_\_ Anyone using a day pass **must** have this form on file at the Prescott YMCA.

### Fitness Center: All equipment use and behavior of participants

\_\_\_\_\_ Fitness Center use is limited to Members and Guests who are 14 years and older.

Children 8 years old and under are NOT allowed in the Fitness Center. Children between 9 and 14 years old are allowed *if accompanied by a parent or legal guardian at all times.*

\_\_\_\_\_ Proof of membership or guest pass may be requested at the discretion of appropriate staff member.

\_\_\_\_\_ All persons in the training areas of the Fitness Centers must be in family-friendly, appropriate work out clothing and footwear (closed-toed athletic shoes).

\_\_\_\_\_ Dropping of weights from any height is NOT allowed regardless of the type of exercise. Staff will advise participant of the proper method of "lifting." Further abuse will result in the loss of day pass, or termination of facility access or cancellation of membership.

### **Locker Rooms**

\_\_\_\_\_ All valuables and clothing should be locked up. The YMCA is not responsible for lost and stolen items. Locks are for sale at the Front Desk.

\_\_\_\_\_ Proper behavior in locker rooms is essential. The use of foul language and/or horseplay will not be tolerated anywhere in the YMCA..

### **Handicap Accessible Family Changing Rooms**

\_\_\_\_\_ These are for the use of families with children of the opposite sex, or for individuals who are helping others of the opposite sex. They are not intended for individuals who may otherwise use the other locker rooms.

### **Aquatics Center**

\_\_\_\_\_ Proper swim attire is required for pool use. This means clothing only intended for in-water activities. No cut-offs or street clothing allowed. Staff will determine if certain articles of clothing are not intended for the swimming pool.

\_\_\_\_\_ Swim diapers are required for kids who are not potty trained.

\_\_\_\_\_ Any disrespect to YMCA staff or repeated violation of pool rules will result in disciplinary action.

\_\_\_\_\_ Shower is required before entering pools.

\_\_\_\_\_ Pool toys and floatation devices are subject to the discretion of the pool staff. Safety is of vital concern and conditions of use may change at any time.

\_\_\_\_\_ Proper clothing must be worn in hallways and the lobby (includes shirt for men).

### **Gymnasium**

\_\_\_\_\_ Proper gym clothing is required. This includes shoes that are appropriate for gymnasium floors.

\_\_\_\_\_ There is no dunking or hanging allowed on the hoops and nets.

\_\_\_\_\_ Anyone found causing damage to the YMCA, showing disrespect to the YMCA supervisors and staff, or disrespect to others using the YMCA is subject to fines and expulsion.  
**Fines are real and will be imposed if necessary.**

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Legal Guardian Signature \_\_\_\_\_