



JULY 10 - 26, 2009

REGISTRATION BOOKLET

PRESCOTT PARKS AND RECREATION DEPARTMENT

824 EAST GURLEY STREET

P.O. Box 2059

PRESCOTT AZ 86302

(928) 777-1122

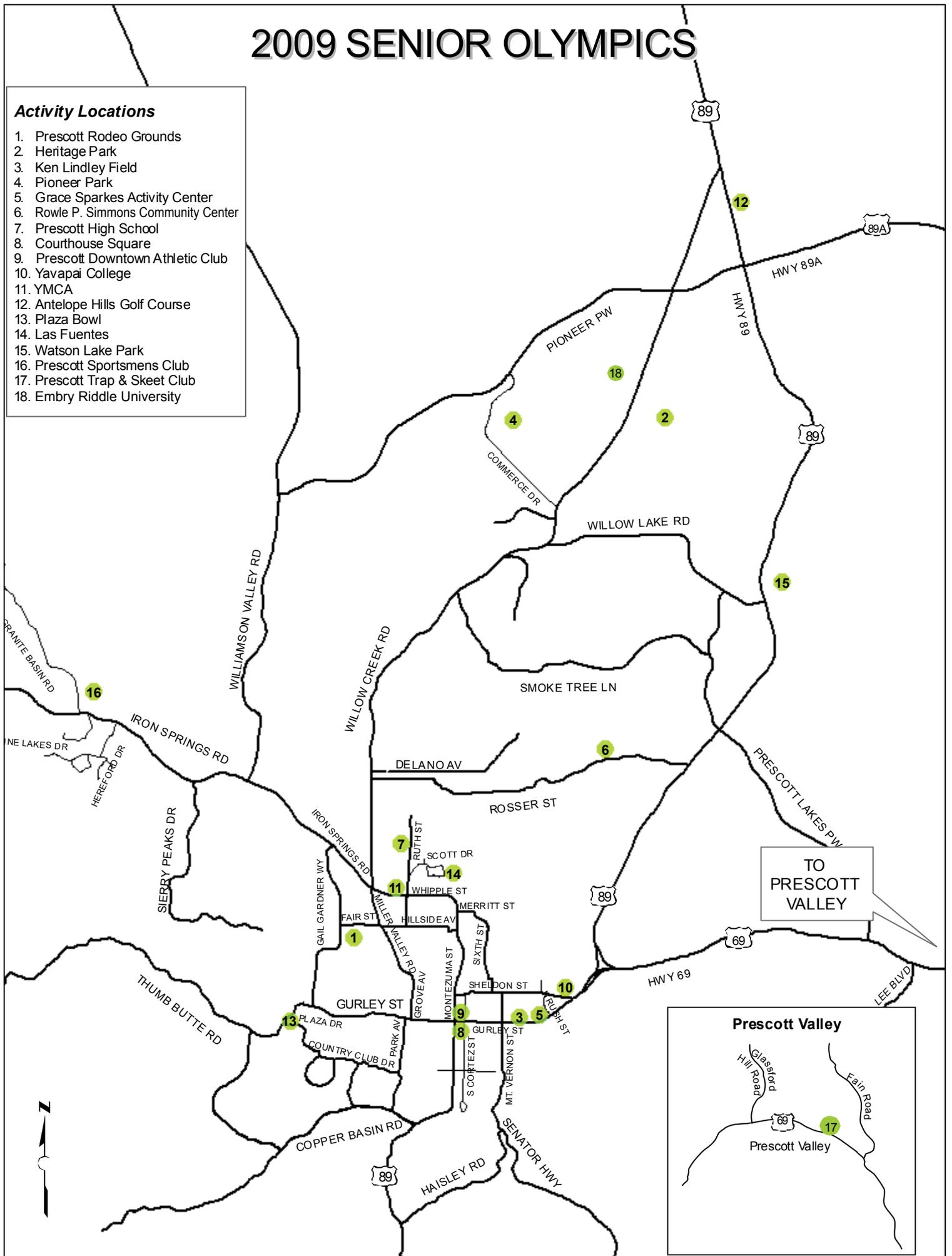


WWW.PRESCOTT-AZ.GOV/SERVICES/PARKS/SR_OLYMPICS

2009 SENIOR OLYMPICS

Activity Locations

1. Prescott Rodeo Grounds
2. Heritage Park
3. Ken Lindley Field
4. Pioneer Park
5. Grace Sparkes Activity Center
6. Rowle P. Simmons Community Center
7. Prescott High School
8. Courthouse Square
9. Prescott Downtown Athletic Club
10. Yavapai College
11. YMCA
12. Antelope Hills Golf Course
13. Plaza Bowl
14. Las Fuentes
15. Watson Lake Park
16. Prescott Sportsmens Club
17. Prescott Trap & Skeet Club
18. Embry Riddle University



2009 PRESCOTT SENIOR OLYMPIC GAMES

The City of Prescott Parks and Recreation Department and the Prescott Senior Olympic Games Steering Committee are pleased to present the 2009 Prescott Senior Olympic Summer Games, to be held throughout the Tri-Cities area July 10 through July 26..

Today's seniors are more active and energetic than ever before. Individuals 50 years of age and up are now more inclined to participate in organized activities. Many feel as though Senior Olympics provide them with a true sense of accomplishment, whether they finish first or last. They enjoy the social interactions involved. They welcome the friendly competition. Today's seniors understand the importance of living a healthy and active lifestyle. Joining the Senior Olympic games is an excellent way to either begin, maintain, or enhance one's physical and mental well being.

The "Senior Games" are conducted to honor and recognize those 50 years "Young at Heart". By participating, you inspire others to join in the fun.

Whether you are a "world class" Olympian or a novice willing and able to enter the Prescott Senior Olympics, our goal is to treat everyone as a "Winner". If you look closely at the combined "Schedule of Events", there is surely at least one which you will find fun and self-fulfilling. Please become a Prescott Senior Olympian — enter today!

General Information

- Please log on to the Prescott Senior Olympics' website: http://www.prescott-az.gov/services/parks/sr_olympics. Here you can view and compare last year's results, and you just might see a familiar face involved in last year's games. General information regarding this year's games, along with an event schedule are also available on the website.

Event/Game Dates.....Friday, July 10 through Sunday, July 26, 2009.

Eligibility“Young at Heart” Seniors, 50 years of age and up on or before December 31, 2009, for all events in the 2009 Prescott Senior Olympics. Refer to the “Rules and Regulation” section in this Booklet.

Gender DivisionsFor all “Physical” events, excluding Coed Sports, Men and Women will compete separately. For all “Leisure” events (Pinochle, Scrabble, Poker), there will be no gender separation or distinction.

Age Categories.....For all “Physical” events, the Prescott Senior Olympic Committee will strive to coordinate competition and fellowship in five-year age groups (50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+). To insure adequate participation, however, certain events may have to be combined into 10-year increments. In these cases, medals will still be awarded in the announced five-year increments, provided the individual/team participates.

Participation InformationParticipants should plan to be at their event(s) at least 30 minutes prior to the announced starting time(s) indicated on the “Schedule of Events”. Specific event “Rules and Regulations” are outlined in the following section of this Registration Booklet.

Events postponed due to inclement weather will be rescheduled as soon as possible. Cancellation of events will only occur as a last resort. Make-up information will be available at the event site. You may also call 777-1122, ext. 0,

for current event cancellations. As always, you may also call the Prescott Recreation Division Programming Office, Monday through Friday, between the hours of 8:00am – 5:00pm for personal assistance on all matters pertaining to the Senior Olympic Games. That phone number is (928) 777-1122, extension 0.

All requests for accommodations regarding special equipment or assistance for people with disabilities will be entertained. Accommodations will be made when possible.

Part of Senior Olympics is joining together as “good sports.” Good sportsmanship is needed and expected. If necessary, Event Officials may disqualify participants not adhering to these values.

Equipment All equipment will be provided, except the following; tennis and racquetball racquets, eye guards and goggles, horseshoes, weight lifting belts, softball bats and softball gloves, helmets, pistols, riffles and shotguns, bows and arrows, golf clubs, golf balls and all equipment for shooting sports. Eye guards are required for racquetball. Participants may bring most personal equipment, and please bring personal game sets for the “leisure” type games, if possible.

AwardsAll medallions will be presented on-site at the COMPLETION of the event/meet. Olympic style medals will be awarded to 1st, 2nd, and 3rd place finishers in each competitive event, for each gender, division, and age category offered.

Age categories will be followed for awards purposes, as designated, even in the instances where age groups have been combined due to insufficient entry, as long as individuals/partners/teams compete with younger participants (physical events). Individuals/partners/teams are not entitled to medals by default, in cases where there is no opposition. All Olympians must attend, and compete with another age group, in order to be a “medal winner.”

Spectators/FansFamily, friends, and the general public are encouraged and personally invited to support their “heroes”, and if we can’t get you to play along, please attend the events as spectators.

MedicalThere will be medical personnel available on-site at some of the events. If you must be transported by ambulance, fees apply.

Physical Therapy.....Massage therapy services will be on-site during some of the events.

Entry DeadlineRegistration deadline is Friday, June 26. There will be a late registration fee after June 26 of \$10. We hope you enjoy the original events you participate in and then decide to enter additional events (normally at least three days prior). There will be some exceptions to this entry deadline procedure, as entry will be needed a little sooner for a few events. Final entry deadlines are indicated within the “Rules & Regulations” for each event/game and will incur the \$10 late registration fee.

Entry Information....For Individual as well as Doubles/Partners entry, each Individual and/or Partner must submit a separate and completed (both sides) registration form with appropriate and full payment for total participation. These forms are provided in this Booklet.

For Team events (Softball, Volleyball, Basketball), Team Managers are responsible for submitting total team fees and a completed “Official Team Sports Entry Application”, also provided in this Booklet. Team rosters will be provided on-site, and all participants will need to sign team rosters/waivers prior to their team’s first game/match.

Please refer to the “Schedule of Events” to avoid conflicts and to allow for necessary transportation time between events.

Please do not select two events that will be conducted at the same time. Review the event schedule and choose only those events that do not conflict. The Prescott Senior Olympic Committee cannot guarantee exact ending times for each event, so again, use careful judgment in your personal selections.

Registration Fees.....Individuals: Registration is \$20.00 per person. Unless otherwise noted, event fees are an additional \$5.00 per event. Participants will receive a Prescott Senior Olympics t-shirt and bag. This year, in a cost saving effort, bags will be plastic, not fabric. Each entrant must register and participate in at least one event to receive a souvenir T-shirt. For an additional \$10.00, instead of a t-shirt participants may opt to receive a Prescott Senior Olympics Polo Shirt (collared shirt). **Orders MUST be received with Registration by June 26.** Please make checks payable to “City of Prescott.” Any questions regarding registration or competition can be directed to the Prescott Recreation Division Programming Office, phone (928) 777-1122, fax (928) 771-5843, or email don.fishel@prescott-az.gov.

Teams.....Team fees have also been established based on \$20.00 per person. This entitles all rostered players to receive the same benefits as “Individual” entrants (refer to above paragraph under “Registration Fees”). Teams may choose to roster additional players, at \$20.00 per player. Once a participant is officially rostered/registered, they may elect to enter other Individual or Doubles/Partners Senior Olympic events offered. Participation in additional events will simply cost \$5.00 per event, including additional volleyball events.

Additional User Fees .Additional user fees required are for participants entering the 18-Hole Golf Tournament at Antelope Hills and Racquetball at Downtown Athletic Club. Golfers will need to pay an additional \$30.00 at time of registration (green fees and cart accommodations). Racquetball is an additional \$10.00 for non-members.

Refunds In the event you are unable to participate in the 2009 Prescott Senior Olympics, after you have officially registered, said moneys will be retained as a donation unless you notify the Prescott Recreation Division, in writing, prior to July 10, 2009, of your desire to be fully refunded. Failing to “show” for an event or events will not warrant refund.

Senior Olympic Shirts All registered participants of the 2009 Prescott Senior Olympics will be given participation T-shirts. All Olympians will receive their T-shirts at their first event site. Additional T-shirts may be purchased (\$10.00 each; \$15 for polo shirt), but supplies are limited.

Everyone is invited to join the Mile-Hi Horseshoe Club for free hamburgers on Thursday, July 23 at 6:00 p.m. This is offered as part of the Horseshoe Event on that day. Please call the event commissioner to confirm, or check the appropriate box on the registration forms.

EVENT RULES AND REGULATIONS

5K/10K RUNS

Friday, July 24

Brownlow Trail at Pioneer Park

Check-in: 7:00am

Time: Race Begins at 7:30am

Entry Fee: \$5.00

Entry Deadline: Wednesday, July 22

\$10 late fee for registrations received after June 26

Event Commissioner: Don Fishel 777-1553

The 5K and 10K runs will both begin at the same time. Participants must indicate which of the two runs they intend to compete at time of registration. Men and women will compete separately in 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus age groups. There will be water stations and course attendants on-site.

ARCHERY

OLYMPIC ARCHERY

Saturday, July 18

Grace Sparkes Activity Center

(Old Armory)

824 E. Gurley St. – 777-1552

Practice: 8:00 am - 8:45 am

Tournament begins: 9:00 am SHARP

Olympic archers: Compound with Release,
Compound with Fingers, Recurve with Fingers.

Traditional archers: Longbow with Fingers,
Recurve with Fingers.

You may compete in both Olympic and Traditional events at an additional cost of \$5.00.

TRADITIONAL ARCHERY (NO SIGHTS)

Saturday, July 18

Grace Sparkes Activity Center

(Old Armory)

824 E. Gurley St. – 777-1552

Practice: 1:00 pm - 1:45 pm

Tournament begins: 2:00 pm

AGE DIVISIONS:

Separate male/female 50-54, 55-59, 60-64, 65-69, etc.

FORMAT:

Compete for medals in cool indoor comfort. Olympic archers shoot a twenty yard 300 round on a NFAA Face. (You choose 5-spot or a 1-spot target). Twelve ends of five arrows each. The Five Ring is about 3” in diameter. Traditional archers shoot the one bull’s-eye face at 15 yards.

Event Fee: \$20.00 + \$5.00 per event

Entry Deadline: Wednesday, July 15

\$10 late fee for registrations received after June 26

Awards: Prescott Senior Olympic Gold, Silver and Bronze medallion in each event and each division represented, plus a souvenir T-shirt.

Event Chair: Bob Park 717-0854 or email at bnt06@cableone.net

BADMINTON

Sunday, July 12

Grace Sparkes Activity Center

(Old Armory)

824 E. Gurley St. – 777-1552

Sign-in: 9:30 am

10:00 am - 5:00 pm (matches)

Entry Fee: \$5.00 per player per event

Entry Deadline: Thursday, July 8

\$10 late fee for registrations received after June 26

Event Co-Commissioner: Diane Rivera 710-9344
and Mike Davidson 777-1558

Separate Men’s/Women’s **Singles** and **Doubles**, along with **Mixed Doubles** Divisions. Five-year age group offerings – 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 Plus.

Double Elimination or round-robin format, based on entries. Only an underhand swing of the racquet is permitted while serving. The service is considered overhand and illegal if the shuttle at the instant of being struck is higher than the server’s waist.

The server starting play stands in the right half of the court and serves to the opposite right hand half court. If the server wins the point, server then serves from the left hand half of court and into the opposite left-hand half side. Thus, service is always in the right half court when the server’s score is an odd number. There will be a point for every serve. Lights and ceilings are out. Participants may bring their own racquets, however, rentals will be available.

BASKETBALL - 5 ON 5 FULL COURT



Saturday, July 11

10:00am – 6:00pm

Embry Riddle University

Team Entry: \$160.00 per team, plus (optional) \$20.00 per additional player – max. 10 players per team.

Entry Deadline: Wednesday, July 8

\$10 late fee for registrations received after June 26

Event Commissioner: Mike Davidson 777-1558

Men's division offered: 50, 60, and 70. Games will be officiated by Certified AIA officials. Round robin or 3 game guarantee bracketing in effect. Games will consist of two 15-minute halves with the clock stopping during the last 2 minutes of each half (dead ball situations), and during all free throw situations throughout the game. Overtime periods will be 3 minutes. Players will foul out upon their 5th personal foul. On each team's 7th team foul (per half), teams will shoot "1 and 1". Three point shots are in effect. Age divisions will be determined by actual age of youngest rostered player. All other rules will be governed by National Federation rules.

BOCCE 2 PERSON CHALLENGE

Friday, July 10

9:00 am – 5:00 pm

NEW VENUE: Watson Lake Bocce Courts

Maps and rules will be mailed to participants prior to the tournament.

Entry: \$5.00 Per Person

Entry Deadline: Tuesday, July 7

\$10 late fee for registrations received after June 26

Event Commissioner: Jim Liberti, (928) 778-6424

This will be an "open" competition. Teams of men, women, or coed will play against each other in

the same tournament. There will be no separate men's or women's tournaments. We have only three (new) courts and there will be many participants.

You MUST have a partner when you register.

Competition will be in five-year age groups: 50-54, 55-59, 60-64, 70-74, 75-79, and 80 plus.

We will use a modified version of the United States Bocce Federation Rules. Bocce ball sets will be provided and must be used. Matches will consist of one game to 13 points. This may change depending on number of teams registered. Volo shooting (lofting the bocce ball beyond the center line) is not permitted.



BOWLING

Men's & Women's Singles Bowling

Saturday, July 11

Prescott Plaza Bowl

10:00 am – 12:00 noon

Entry Fee: \$5.00

Entry Deadline: Wednesday, July 8

\$10 late fee for registrations received after June 26

Men's Doubles, Women's Doubles

Saturday, July 11

Prescott Plaza Bowl

1:00pm – 3:00pm

Entry Fee: \$5.00 per person

Entry Deadline: Wednesday, July 8

\$10 late fee for registrations received after June 26

Event Commissioner: Cal Cordes, 445-2859 or cell 533-6519

Assistant Commissioner: Warren Robinson

BOWLING (cont.)



The Singles tournament will feature three games played, with “Scratch” as well as “Handicap” Divisions available. For Doubles play all divisions will be based on 90%. For “Scratch” play best series total wins. For “Handicap” play each player must provide 21 game “Blue Book League Average” to the Event Chair 30 minutes prior to start time of tournament. If there is no average available, handicap will be based on 200. Participants must register “scratch” or “handicap” for Singles play at time of registration. Men and Women will compete separately. Age groups will be: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. For doubles play actual age of the youngest player will determine team age.

DOMINOS

Wednesday, July 22

6:00 pm - 10:00 pm

Rowle P. Simmons Community Center

Entry Fee: \$5.00 per person

Entry Deadline: July 17

\$10 late fee for registrations received after June 26

Event Commissioner: Michelle Stacy 777-1552

Participants will draw for seat assignments starting at 6:00 pm. This will be a single elimination domino tournament. The winner of each match will be determined by best 2 out of 3 games. Participants will sit 4 to a table and those sitting across from each other will play as “partners” for that match. At the end of each match participants will draw for new seat assignments and move to the next table. Standard “double-six” dominoes will be used. Each round will be played to 200 point with a 1 1/2 hour time limit per match. WORLD CHAMPIONSHIP DOMINO TOURNAMENT® rules will apply with modifications as necessary to meet time constraints.

EQUESTRIAN

Gold Medal Event Sponsor: Prescott Frontier Days

Sunday, July 19

Prescott Rodeo Grounds, Prescott, AZ

Times: 8:00 am Registration, show starts:9:00am

Pre-registration recommended

Entry fee: \$5 per event

Entry Deadline: Thursday, July 16

\$10 late fee for registrations received after June 26

Event Commissioners: Carolyn Mason, Chris Hill, Cathy Schultz, Jinny Ballentine

Age groups will be combined to insure adequate competition. Medals will be awarded in age groups of 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. AQHA RULES WILL APPLY

Order of Events

Western Showmanship

Western Pleasure, Walk Trot

Western Pleasure

Western Equitation

Gaited Class

Lunch Break (when appropriate)

Trail Class (Western or English tack)

Trail Class (Western or English tack)

****And Just for Fun...Egg & Spoon Race****

English Pleasure, Walk Trot

English Pleasure

Dressage Equitation

Dressage Suitability



GOLF

SEPARATE MEN'S & WOMEN'S 4 PERSON SCRAMBLE

Tuesday, July 14

Antelope Hills South Course

Check-in: 10:00 - 10:30 pm

Time: 11:00 am shotgun start

Entry Fee: \$50.00 (includes \$20 Senior Olympics registration fee and Green Fees & Cart). If you play both golf tournaments, the entry fee for the 2nd tournament is only \$30.00.

(Senior Olympics Polo Shirts instead of tee shirts are available for additional \$10.00)

Entry Deadline: Wednesday, July 8

\$10 late fee for registrations received after June 26

Event Commissioners: Don Fishel 777-1553

Men's and Women's four person scramble will compete separately. Medals will be awarded in age groups of 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. You can sign up to play with your own four-some, or you can sign up individually and will be paired with a group. For the four-person scramble play, team age will be determined by actual age of the youngest team player. Format will be "Low Gross" 18-hole scoring. Local playing rules will be available and announced at Antelope Hills Golf Course. The tournament will begin promptly at 11am, shotgun start. Expected time of play is 4 hours.



SEPARATE MEN'S & WOMEN'S INDIVIDUAL COMPETITION

Tuesday, July 21

Antelope Hills South Course

Check-in: 10:00 to 10:30 am

Time: 11:00 am, shotgun start

Entry Fee: \$50.00 (includes \$20 Senior Olympics registration fee and Green Fees & Cart). If you play both golf tournaments, the entry fee for the 2nd tournament is only \$30.00.

(Senior Olympics Polo Shirts instead of tee shirts are available for additional \$10.00.

Entry Deadline: Wednesday, July 15

\$10 late fee for registrations received after June 26

Separate Men's and Women's singles competition, with age group offerings of 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. Pairings may be mixed, depending on overall individual entry. Format will be "Low Gross" 18-hole scoring. Local playing rules will be available and announced at Antelope Hills Golf Course. The tournament will begin promptly at 11am, shotgun start. Expected time of play is 4 hours. No player will be required to record more than a quadruple bogie (4-over par) on any one hole.

HORSESHOES

Thursday, July 23

Watson Lake Park

5:30 pm – 8:00 pm

Events: Separate Men's/Women's Singles and Doubles

Entry Fee: \$5.00 per event

Entry Deadline: Wednesday, July 20

\$10 late fee for registrations received after June 26

Event Commissioner: Cal Cordes (928) 445-2859 or cell 533-6519

Age groups will be in five-year increments, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. To insure adequate competition, age groups may be combined by the Event Chair, but medals will still be awarded in five-year increments. Format will be Double Elimination or Round Robin, depending upon the number of overall participants. All games will be played to 30 points. "Cancellations" will be in effect. "Percentages" will not be used, as participants are simply competing to determine best pitchers per five-year age group. Participants need to bring their own "Shoes". For Doubles play, team age will be determined by actual age of youngest team player. Doubles competition will begin once Singles play concludes. Register for one or both events! Some loan shoes will be available on site.

*See page 5 for information on
FREE hamburgers on this day*

PICKLEBALL

*Coming to Prescott Senior Olympics August 2010.
Beat the heat in the cool pines.
Plan ahead: Mile High - Get in shape!*

Entries are limited.

Complete information to follow.

www.prescott-az.gov/service/parks/sr_olympics

PINOCHLE

**Gold Medal Event Sponsor:
Las Fuentes Resort Village**

Wednesday, July 15

Las Fuentes Resort Village

6:30pm – 10:00pm

Entry Fee: \$5.00

Entry Deadline: Friday, July 10

\$10 late fee for registrations received after June 26

Event Commissioner: Richard Bozeat - 445-9400

Six (6) players per table. The deal rotates with eight (8) cards dealt to each player. Players bid on the cards they are dealt. If all players pass on bidding, the dealer gets a bid of one (1). Trump will only be made if a player has nine (9) or a marriage (King or Queen of a particular suit – i.e., hearts, diamonds, spades or clubs). Otherwise, a no trump hand will be played. If a player bids on his/her hand and doesn't make the bid, he/she goes down double, if played. If



a player throws his/her hand in, he/she goes down for the initial bid. Other players receive their meld points. If played, players receive their meld for their score, if they take a trick. One player shall keep score for their table. The total score for each match will be 100 points; point count will be in units of 10s, not 100s (i.e., a run is 15, not 150). Additional questions will be resolved before match time. Scores will be counted to a cut off time of 10 pm.

POKER

Thursday, July 16

Prescott Community Center

6:30pm - 10:00pm

Entry Fee: \$5.00

Entry Deadline: Monday, July 13

\$10 late fee for registrations received after June 26

Event Commissioner: Don Fishel 777-1553

All participants will have the same amount of "chips." The game is NO LIMIT TEXAS HOLD 'EM. Blinds and betting are increased during the evening by the Event Commissioner. Once a player's chips are gone, that player is eliminated. The top two players from each table advance to the finals. No hand can start after 9:45 pm. Dealers (non-participants) will be in charge of their table and will make certain instructions are followed. There will be no gender or age separation or distinction for this "leisure" event.

POWERLIFTING

**Gold Medal Event Sponsor:
Peterson² Physical Therapy**

Saturday, July 11

YMCA

8:00 am – noon

Entry Fee: \$5.00

Entry Deadline: Tuesday, July 7

\$10 late fee for registrations received after June 26

Event Commissioner: Fran Romero (928) 445-7221

Three events in one. All events are separate competition with Men's and Women's Divisions, in the following age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 8 +. Participants may sign up for one, two or all of the following events. medals will be awarded for each event.

Entry regulations: Weight lifting training and experience are required. Lifters must bring their own belts and are expected to wear clothing appropriate for the sport. A formula based on age, weight and poundage will be used to determine the winners in each event.

SQUAT - Lifters must squat so that thighs are parallel to the ground for a legal lift.

BENCH PRESS - Lifters must lift and hold weight from their chest to the extended position.

BENT LEGGED DEAD LIFT - Lifters must bring weights from ground to a standing position, and hold.

RACE-WALKING

Gold Medal Event Sponsor:

John and Kati Kelly

Saturday, July 11

Prescott High School

Check-in begins at 8:30 am

9:00 am – 1:00 pm

Entry Fee: \$5.00 per event

Events: 1,500 Meter & 5000 Meter

Entry Deadline: Wednesday, July 8

\$10 late fee for registrations received after June 26

Separate Men's and Women's Competition in five-year age groups, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. Racewalkers may compete together, based on group size, but medals will be awarded in five-year age increments. The 1,500 meter event will take place first. Participants may enter one or both races. Participants must use proper Race-walking techniques. Judge's decisions will be final in determining all Race-walking disqualification's. Athletic shorts must be worn. Panty hoses or bare knees will be permitted during the events. *See track & field info for order of events.*

RACQUETBALL

Saturday - Sunday, July 11-12

Prescott Downtown Athletic Club

Times: Both days, 9:00 am – 5:00 pm

Club opens 8:30 am

Entry Fee: \$5.00 per event

Additional \$10.00 for Non-Club Members (one time fee)

Entry Deadline: Friday, July 3 (postmarked)

\$10 late fee for registrations received after June 26

Event Commissioner: Jerry Northwood 778-9619

Tournament Director: Claudene Northwood (same)

Saturdays Singles - Women & Men Age Groups

Sunday Doubles - Women, Men and Mixed

- Youngest partner determines age group. Players will be allowed to participate in one singles, one doubles, and one mixed doubles event.
- Format will be determined by number of players in each age group with the emphasis on maximum play.
- Participants will need to indicate singles and/or doubles at time of registration.

- Age groups are in five-year increments (50-54 - 80+)
- Where there is insufficient competition in any one age group the group will play down to next lower age group to assure matches and competition for all. HOWEVER, medals will still be awarded in five-year age groups.
- USRA rules will apply. Approved protective eyewear at all times.
- Starting times available Thursday, July 9 8:00 am - 9:00 pm (928) 778-9619.

SCRABBLE



Gold Medal Event Sponsor:

Las Fuentes Resort Village

Wednesday, July 15

Las Fuentes Resort

12noon – 5:00pm

Entry Fee: \$5.00

Entry Deadline: Friday, July 10

\$10 late fee for registrations received after June 26

Event Commissioner: Cindy Rowan (928) 777-1554

National Scrabble Association rules apply. Participants should bring scrabble boards. 5 games will be played. Players will draw for opponents. 2 players per board. Matches will be set up so that no 2 players will compete against each other twice. During round 5, the Event Chair will assign opponents based on total scoring recorded through Round 4. Total points earned for all 5 games will determine winners. Games will last no longer than 50 minutes. To begin each game, players draw from tile pool for order of turn with earliest letter in the alphabet (or blank) getting first turn. Players draw 7 tiles. Players will be

SCRABBLE (cont.)

given 2 minutes to pass or play. Challenging a word: if correct, said player putting word on board gets no points and letters are removed from board. Said player's turn ends. If incorrect in challenging, player challenging loses turn. Turns are complete when scores are announced. If player draws too many tiles, opponent selects excess tiles and returns them to the pool. Players may use any turn to exchange letters in rack, provided there are the same number of remaining tiles. In that turn, no word is played. If a player cannot play, he/she passes turn. Game proceeds until 1 player goes out, all tiles are used, or Event Chair announces end of game.

SHOOTING



RIFLE AND PISTOL EVENTS

General Requirements

Entry Deadline: June 26

\$10 late fee for registrations received after June 26

Age Groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+.

Participants are required to supply their own equipment and ammunition. Ear and eye protection are required. All firearms must be unloaded at all times until you are on the firing line and have been instructed to load. Refreshments will be available. The Club Range is located in northwest Prescott, AZ off of Granite Basin Road on Forest Service Road 374-E. Take Iron Springs Road west, approximately 1.5 miles from the Williamson Valley Road intersection with Iron Springs. Proceed west to Granite Basin Road, and turn right (north) and follow the signs to the Rifle Range. Event Commissioner: Terry Liffick

Blackpowder Rifle

Sunday, July 12

Prescott Sportsmen's Club Range

Check in at 8:30 am – Match begins at 9:00 am

Entry Fee: \$5.00

Course of Fire: 25 shots at 25 yards. Off-hand (Standing).

Equipment: Percussion or Flintlock muzzle-loading rifles (no-inlines). Iron sights.

Sporting Rifle

Monday, July 13

Prescott Sportsmen's Club Range

Check in at 9:00 am – Match begins at 10:00 am

Entry Fee: \$5.00

Course of Fire: 20 shots Prone: 20 shots Sitting or Kneeling: 20 shots Standing for a total of 60 shots (plus sighters). Standing stage at 25 yards; other stages at 50 yards.

Equipment: 22RF sporting rifles weighing no more than 8.5 pounds. No cuff slings (hasty slings OK) or shooting coats. Any sights including telescopic up to 8 power. Wheelchair shooters welcomed (will fire all stages from sitting).

Precision Pistol

Tuesday, July 14

Prescott Sportsmen's Club Range

Check in at 12:30 pm – Match begins at 1:00 pm

Entry Fee: \$5.00

Course of Fire: A 20 shot slow-fire stage followed by a 20 shot timed-fire stage (4 strings of 5 shots in 20 seconds for each string) and a 20 shot rapid-fire stage (4 strings of 5 shots in 10 seconds for each string) fired one-handed.

Equipment: 22RF with any sights including telescopic.

Sporting Pistol

Tuesday, July 14

Prescott Sportsmen's Club Range

Check in 9:00 am – Match begins at 10:00 am

Entry Fee: \$5.00

Course of Fire: A 20 shot Slow-fire stage followed by a 20-shot Timed-Fire stage (4 strings of 5 shots in 20 seconds for each string). Fired two-handed.

Equipment: 22RF Any sights including telescopic. No holstered pistols. Wheelchair shooters welcomed.

SHOOTING (cont.)

Precision Rifle

Sunday, July 19

Prescott Sportsmen's Club Range

Check in at 7:30 am – Match begins at 8:00 am

Entry Fee: \$5.00

Course of Fire: 120 Shot English match (two 60 shot Prone stages) at 50 meters.

Equipment: 22RF single shot bolt operated target rifles conforming to NRA smallbore equipment rules.

Any sights including telescopic. Slings and shooting coats allowed.

TRAP AND SKEET EVENTS

General Requirements

Friday, July 10

Entry Deadline: June 26

\$10 late fee for registrations received after June 26

Squads of 5 shooters will be assigned. Shooters will be competing with their age group.

Age Groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+.

Squad assignments and shooting times will be scheduled to allow shooters to enter all events. Shooters must provide their own guns, target ammunition (size 7.5 shot or smaller) and safety equipment (eye and ear protection).

Wheelchair shooters are welcomed. Lunch and refreshments will be available.

Shooting Sports Commissioner is Terry Liffick (928-636-7717).

Friday, July 10

Phone: (928) 772-9539

Prescott Trap and Skeet Club directions: From Phoenix area, take I-17 to Cordes Junction, exit #262. Turn west towards Prescott, 23 miles on Hwy. 69. The club is located on the north side of the road 1 mile past the stop light at Prescott Country Club. From the Prescott area, take Hwy. 69 through Prescott Valley and approximately 2 miles to the bottom of the hill and the **Trap & Skeet sign** on your left.

Skeet Shooting

Entry Fee: \$5.00

Practice at 9:00 am (practice round fee is \$5.50), tournament begins at 1:30 pm.

Event: 2 rounds of regulation skeet.

Trap Shooting

Entry Fee: \$5.00

Practice at 9:00 am (practice round fee is \$5.50), tournament begins at 9:30 am.

Event: 2 rounds of regulation trap at the 16 and 22 yard line.

Double Trap Shooting

Entry Fee: \$5.00

tournament begins at 11:00 am.

Event: 1 round (50 shots) of double trap at 16 yard line.

SOFTBALL



Saturday - Sunday, July 25 - 26

All City Softball Fields

Times: Games starting daily at 8:00 am

Team Entry: \$300.00

Entry Deadline: Friday, July 17

\$10 late fee for registrations received after June 26

Event Commissioner: Steve Smith 771-8620

Format will be Pool Play, followed by elimination tournament. All teams are guaranteed a minimum of 4 games.

Separate Men's and Women's Divisions are offered, in five-year age groups, 50-54, 55-59, 60-64, 65-69, and 70 plus.

Tournament Committee reserves the right to combine age divisions if less than adequate team entries. Age divisions for the softball tournament will be in accordance with ASA rules, which depicts a player's age as "actual age on December 31st, 2009. The team age will

SOFTBALL (cont.)

be determined by the actual age of the “youngest rostered team player”. Teams may roster up to 15 players with all 15 receiving Senior Olympics T-Shirts.

- All players must show proof of age at time of pre-tournament check in.
- Amateur Softball Association (ASA) rules will be used as a guideline. Modified tournament rules will be furnished at tournament sites.
- All bats meeting the 1.20 BPF standard are approved
- For team starting times, please call Prescott Parks and Recreation at (928) 777-1122
- Players must provide their own water

SWIMMING



Sunday, July 19

Prescott YMCA Swimming Pool

11:00 am – 3:00 pm (Warm-ups at 10:30 am)

Entry Fee: \$5.00 per event

Entry Deadline: Monday, July 13

\$10 late fee for registrations received after June 26

Event Commissioner: Myrna Swarsbrook

(928) 445-7221

Men and Women will compete separately, in the following five-year increment age divisions; 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. Divisions may be combined during timed heats, but medals will be awarded per age group. The following Individual events are scheduled to be conducted in the following race order; 200 yd. Free style, 50 yd. Butterfly, 25 yd. Free style, 50 yd. Backstroke, 100 yd. Medley, 50 yd.



Free style, 50 yd. Breaststroke, 100 yd. Free style, 200 yd. Medley. All events are timed finals.

TABLE TENNIS



Friday, July 10

Grace Sparkes Activity Center Gym

1:00pm – 5:00pm

Entry Fee: \$5.00

Entry Deadline: Wednesday, July 8

\$10 late fee for registrations received after June 26

Event Commissioner: Mike Davidson 777-1558

Separate Men's & Women's Singles Divisions offered. Five-year age group offerings, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. Age groups may be combined to insure adequate competition, but medals will still be awarded in five-year age groups. Double Elimination format will be conducted. Participants should bring their own paddles. Approved paddles can be covered with rubber, smooth, pimped, or bare wood. Sandpaper paddles are not allowed. Server must toss ball into air from “palm of the hand”. Matches will be best 2 out of 3 games. Participants will officiate/score their own games. Event Chair will rule on any/all disputes. Additional rules provided. Doubles play will be conducted on a recreational basis only, after the official single tourney concludes.

TENNIS

Singles, Doubles and Mixed

Friday, Saturday and Sunday, July 24 - 26
(Friday if we have a large draw; Saturday all day;
Sunday finals)

Prescott High School

Times: Friday - Saturday: 9:00 am - 5:00 pm,
Sunday – 8:00 am - 6:00 pm

Entry Fee: \$5.00 per player per event

Entry Deadline: Friday, July 17

\$10 late fee for registrations received after June 26

Event Commissioner: Rick Hormann

(928) 777-1557

Guaranteed 2 matches (4 sets) bracketed, round robin and/or consolation format may be used depending on draw size.

USTA Rules: Best two out of three set (with tie-breaker at six all). In lieu of third set (split sets), the ten-point tie-breaker will be used (same as normal tie-breaker but first to 10, win by margin of two).

Age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ (age groups may be combined if necessary).

Sign up at the Grace Sparkes Activity Center.

Draw available 10:00 am, Tuesday, July 21. Posted at Grace Sparkes Activity Center, and Prescott Racquet Club.

Separate Men's and Women's Individual Competition. Age groups will be in five-year increments, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. Age groups may be combined to insure adequate competition, but medals will still be awarded in five-year increments. U.S.A. Track & Field Rules (USATF) apply. The tentative order of racing events is: John Kelly 1500 meter racewalk, 50-meter dash, Wes Santee Mile, Virgil McIntyre 100 meter dash, 800 meter run, 200-meter dash, 5000-meter racewalk, and 400 meter run. Field events will be conducted in conjunction with racing events, in the following order: Standing Long Jump, Shot Put, Running Long Jump,



TRACK & FIELD



Saturday, July 11

Prescott High School

Check-in begins at 8:00 am

Meet times: 9:00 am – 1:00 pm

Entry Fees: \$5.00 per event

Entry Deadline: Wednesday, July 8

\$10 late fee for registrations received after June 26

Event Commissioner: Rick Horman 777-1557

Javelin, Discus. Participants wishing to enter a combination of running/field events may do so, but must make sure they check-in at the Field Events and advise the Event Coordinators of the situation. Reasonable efforts will be made to accommodate individual situations, providing it does not adversely effect the administration of any/all field events. Participants may use 1/4" spikes or non-studded running shoes. Participants must bring own implements. Participants may bring their own personal javelin (approved size by State Games). Field Events will allow for 3 attempts. Participants will be permitted to enter a maximum of 6 Track & Field events (including race-walking).

VOLLEYBALL



Gold Medal Event Sponsor:
Bentree Custom Homes
6 on 6 Volleyball
Saturday-Sunday, July 25 - 26

Saturday, July 25

8:00 am - 6:00 pm

Women's: Embry Riddle University

Men's: Grace Sparkes Activity Center
YMCA

Sunday, July 26

8:00 am - 6:00 pm

Coed: Grace Sparkes Activity Center
YMCA

Captains will be notified ahead of time which venue will be used or if there is a change in venues.

Entry Fee: \$120.00 per 6 person team, plus \$20.00 per additional player – max. 9 per team

See registration form for additional fee instructions.

Entry Deadline: Friday, July 17

\$10 late fee for registrations received after June 26

Event Commissioners: Chris Freeman (928) 776-8635, Ginger Rhodes (928) 445-7666, Bob Harder (928) 778-0276 and Jim Liberti (928) 778-6424.

Age groups will be in five-year increments: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+ but may be combined depending on registration numbers.

Format will be Round-Robin in the morning to determine seeding for a single elimination tournament in the afternoon. Rules will be addressed at the captains meeting schedules for 8:00 am each day. All captains are required to attend. In general, USAV rules will apply but may be modified as necessary. All teams will be required to provide two Line Judges and a Scorekeeper during their non-playing times. This number may increase depending on number of teams entered and venues used Line judges and Scorekeepers are required to check in with the Up Referees five minutes before scheduled start time for each match.

Free-agent list: If you need players to fill your team or you would like to be placed on a team, call Chris Freeman ASAP. The free-agent list will be closed at 5:00 pm on July 17. No names will be accepted or given out after the list is closed. Ad hoc coed teams formed by players on Saturday will be allowed in the Sunday coed tournament.

Register your team early. The men's tournament is limited to the first 12 teams to register.



2009 PRESCOTT SENIOR OLYMPIC GAMES EVENT SCHEDULE

<u>DATE</u>	<u>LOCATION</u>	<u>TIMES</u>
Friday, July 10		
Bocce	Watson lake Bocce Courts	9:00 am – 5:00 pm
Table Tennis	Grace Sparks Activity Center	1:00 pm – 5:00 pm
Trap and Skeet	Prescott Trap and Skeet Club	9:00 am – 4:00 pm
Saturday, July 11		
Basketball	Embry Riddle University	9:00 am – 6:00 pm
Track and Field/Race Walking	Prescott High School	9:00 am – 1:00 pm
Bowling	Plaza Bowl	10:00 am – 3:00 pm
Racquetball	Prescott Downtown Athletic Club	9:00 am – 5:00 pm
Powerlifting	YMCA	8:00 am – 12 noon
Sunday, July 12		
Badminton	Grace Sparks Activity Center	10:00 am – 5:00 pm
Black Powder	Prescott Sportsmen's Club	8:30 am – 4:00 pm
Racquetball	Prescott Downtown Athletic Club	9:00 am – 5:00 pm
Monday, July 13		
Sporting Rifle	Prescott Sportsmen's Club	9:00 am – 4:00 pm
Tuesday, July 14		
Pistols, Sporting	Prescott Sportsmen's Club	9:00 am – 11:00 am
Pistols, Precision	Prescott Sportsmen's Club	12:30 pm – 4:00 pm
Golf-4 Person Scramble	Antelope Hills South Course	10:00 am – 5:00 pm
Wednesday, July 15		
Scrabble	Las Fuentes Resort Village	12 noon – 5:00 pm
Pinochle	Las Fuentes Resort Village	6:30 pm – 10:00 pm
Thursday, July 16		
Poker	Rowle P. Simmons Community Center	6:30 pm – 10:00 pm
Saturday, July 18		
Archery	Grace Sparks Activity Center	7:00 am – 5:00 pm

2009 PRESCOTT SENIOR OLYMPIC GAMES EVENT SCHEDULE (cont.)

Sunday, July 19

Equestrian	Prescott Rodeo Grounds	8:00 am – 5:00 pm
Precision Rifle	Prescott Sportsmen's Club	7:30 am – 12 noon
Swimming	YMCA	10:30 am - 3:00 pm

Monday, July 20

Make up date

Tuesday, July 21

Golf – Individual	Antelope Hills South Course	10:00 am – 5:00 pm
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Wednesday, July 22

Domino's	Rowle P. Simmons Community Center	6:00 pm – 10:00 pm
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Thursday, July 23

Horseshoes	Watson Lake Horseshoe Pits	5:30 pm – 8:00 pm
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Friday, July 24

5k/10k Runs	Brownlow Trail at Pioneer Park	7:00 am - 11:00 am
Tennis	Prescott High School	9:30 am - 5:00 pm

Saturday, July 25

Softball	Various Fields	8:00 am - 5:00 pm
Volleyball, Women's	Embry Riddle University	8:00 am – 6:00 pm
Volleyball, Men's	Grace Sparks Activity Center	8:00 am – 6:00 pm
	YMCA	8:00 am – 6:00 pm
Tennis	Prescott High School	9:30 am – 5:00 pm

Sunday, July 26

Softball	Various Fields	8:00 am – 5:00 pm
Volleyball, Coed	Grace Sparks Activity Center	8:00 am – 6:00 pm
	YMCA	8:00 am – 6:00 pm
Tennis	Prescott High School	9:30 am – 5:00 pm

EVENT REGISTRATION FORM

REGISTRATION DEADLINE: JUNE 26 2009 PRESCOTT SENIOR OLYMPICS OFFICIAL ENTRY APPLICATION INDIVIDUALS AND DOUBLES/PARTNERS EVENTS

NAME _____ Age _____ D.O.B. _____
Last First (as of 12/31/09) Month/Day/Year

MAILING ADDRESS _____
Number, Street and Apt./Space # City State Zip

Male Participant Female Participant

PRIMARY TELEPHONE (____) _____ SECONDARY TELEPHONE (____) _____

REGISTRATION FEE: \$20.00 - This entitles participants of the Senior Olympics to receive a souvenir t-shirt

Small Medium Large X-large XX-large

Embroidered Polo shirts are available (**instead of t-shirts**) for an **additional** \$10.00 per shirt (Must register by 6/26/09).

Shirt size: Small Medium Large X-large XX-large

I/we will join the Mile-Hi Horseshoe Club for FREE hamburgers on Thursday, July 23, at 6:00 pm at Watson Lake horseshoe pits. _____ # Attending

OLYMPIANS MAY PICK UP PACKETS AT THEIR FIRST EVENT.

Participant Fee

Registration (Mark events on reverse side)	\$20
Polo Shirt <u>instead</u> of t-shirt (indicate size above)	\$10
events - \$5 per X _____ events = (indicate events entered on reverse side of this form)	\$
Additional user fee – Golf Tournament for each tournament entered - \$30 X _____ =	\$
Racquetball at \$5 for each event entered - \$5 X _____ =	\$
Racquetball one-time Non-member fee - \$10	\$
Additional Senior Olympic polo shirts at \$15 each X _____ shirts = (indicate sizes _____) (must be ordered by June 26)	\$
Donation to support Prescott Senior Olympics	\$
Total fees/donations (check or cash payment)	\$

Payable to City of Prescott, P.O. Box 2059, Prescott, AZ 86302, Recreation Division Office (928) 777-1122.

EVENT REGISTRATION FORM

Individual Events - (\$5.00)

Archery – July 18

- Olympic (Compound Release)
- Olympic (Compound w/Fingers)
- Olympic (Recurve w/Fingers)
- Traditional (Longbow w/Fingers)
- Traditional (Recurve w/Fingers)

Badminton Singles – July 12

- Bowling Singles (Scratch) – July 11
- Bowling Singles (Handicap) – July 11

Equestrian – July 19

- Western Showmanship
- Western Pleasure, Walk/Trot
- Western Pleasure
- Western Equitation
- Gaited Class
- English Pleasure, Walk/Trot
- English Pleasure
- Dressage Equitation
- Dressage Suitability
- Trail
- Domino's – July 22
- Golf, Individual (add'l \$30 green fee) – July 21
- Horseshoes Singles – July 23
- Pinochle – July 15
- Poker – July 16
- Power Lifting – July 11
 - Squat
 - Bench Press
 - Bent Legged Deadlift
- Racquetball Singles – July 11 - 12
- Running 5K – July 24
- Running 10K – July 24
- Scrabble – July 15

Shooting

- Trap – July 10
- Skeet – July 10
- Double Trap – July 10
- Precision Rifle – July 19
- Sporting Rifle – July 13
- Black Powder – July 12
- Precision Pistol – July 14
- Sporting Pistol – July 14

Swimming (Maximum 5 Events) – July 19

- 25 Yd. Freestyle Swim
- 50 Yd. Freestyle Swim
- 50 Yd. Backstroke Swim
- 50 Yd. Breaststroke Swim
- 50 Yd. Butterfly Swim
- 100 Yd. Freestyle Swim
- 100 Yd. Medley Swim
- 200 Yd. Freestyle Swim
- 200 Yd. Medley Swim

Table Tennis – July 10

Tennis Singles – July 24 - 26

Track and Field (Maximum 6 Events) – July 11

- 1,500 Meter Race Walk
- 5,000 Meter Race Walk
- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Run
- 800 Meter Run
- 1 Mile Run
- Standing Long Jump
- Running Long Jump
- Shot Put
- Discus Throw
- Javelin Throw

Doubles/Partners Events (\$5.00 per player-Register Separately)

- Badminton, Men's Doubles: Partner's Name _____ July 12
- Badminton, Women's Doubles: Partner's Name _____ July 12
- Badminton, Mixed Doubles: Partner's Name _____ July 12
- Bocce, Doubles: Partner's Name _____ July 10
- Bowling, Men's Doubles: Partner's Name _____ July 11
- Bowling, Women's Doubles: Partner's Name _____ July 11
- Golf, 4 Person Scramble (add'l \$18 green fee): Partners' Names _____ July 14
- Horseshoes, Men's Doubles: Partner's Name _____ July 23
- Horseshoes, Women's Doubles: Partner's Name _____ July 23
- Racquetball, Men's Doubles: Partner's Name _____ July 11 - 12
- Racquetball, Women's Doubles: Partner's Name _____ July 11 - 12
- Racquetball, Mixed Doubles: Partner's Name _____ July 11 - 12
- Tennis, Men's Doubles: Partner's Name _____ July 24 - 26
- Tennis, Women's Doubles: Partner's Name _____ July 24 - 26
- Tennis, Mixed Doubles: Partner's Name _____ July 24 - 26

*Age divisions will be determined by the actual age of the youngest player as of December 31, 2009

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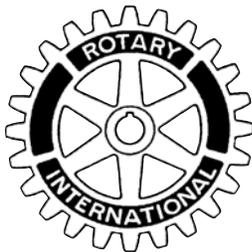
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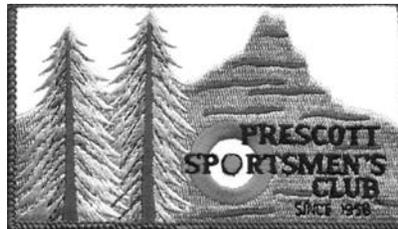
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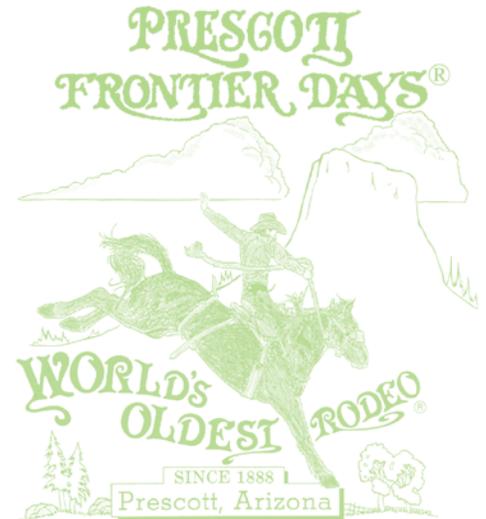


John and Kati
Kelly



Retirement Community

1035 Scott Drive, Prescott, AZ 86301 (928) 445-9300 Toll Free: (888) 744-9300



PRESCOTT PARKS AND RECREATION DEPARTMENT

824 EAST GURLEY STREET

P.O. BOX 2059, PRESCOTT AZ 86302

(928) 777-1122

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