



AUGUST 6 - 29, 2010

REGISTRATION BOOKLET

PRESCOTT PARKS AND RECREATION DEPARTMENT

824 EAST GURLEY STREET

P.O. Box 2059

PRESCOTT AZ 86302

(928) 777-1122

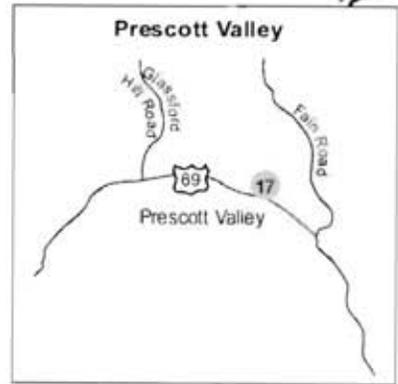
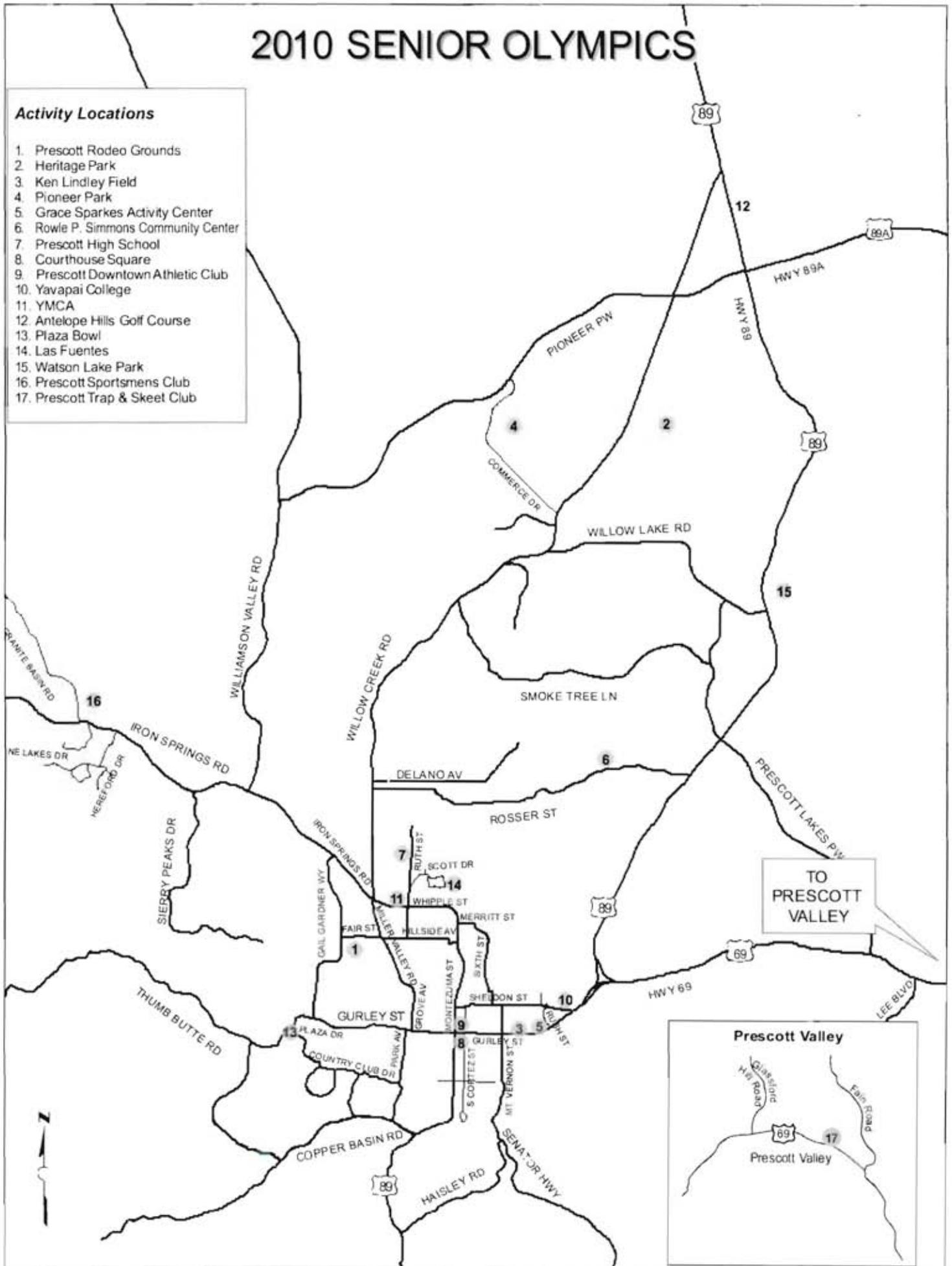


WWW.PRESCOTT-AZ.GOV/SERVICES/PARKS/SR_OLYMPICS

2010 SENIOR OLYMPICS

Activity Locations

1. Prescott Rodeo Grounds
2. Heritage Park
3. Ken Lindley Field
4. Pioneer Park
5. Grace Sparkes Activity Center
6. Rowle P. Simmons Community Center
7. Prescott High School
8. Courthouse Square
9. Prescott Downtown Athletic Club
10. Yavapai College
11. YMCA
12. Antelope Hills Golf Course
13. Plaza Bowl
14. Las Fuentes
15. Watson Lake Park
16. Prescott Sportsmens Club
17. Prescott Trap & Skeet Club



2010 PRESCOTT SENIOR OLYMPIC GAMES

The City of Prescott Parks and Recreation Department and the Prescott Senior Olympic Games Commissioners are pleased to present the 2010 Prescott Senior Olympic Summer Games, to be held throughout the Tri-Cities area August 6 through August 29.

Today's seniors are more active and energetic than ever before. Individuals 50 years of age and up are now more inclined to participate in organized activities. Many feel as though Senior Olympics provide them with a true sense of accomplishment, whether they finish first or last. They enjoy the social interactions involved. They welcome the friendly competition. Today's seniors understand the importance of living a healthy and active lifestyle. Joining the Senior Olympic games is an excellent way to either begin, maintain, or enhance one's physical and mental well being.

The "Senior Games" are conducted to honor and recognize those 50 years "Young at Heart". By participating, you inspire others to join in the fun.

Whether you are a "world class" Olympian or a novice willing and able to enter the Prescott Senior Olympics, our goal is to treat everyone as a "Winner". If you look closely at the combined "Schedule of Events", there is surely at least one which you will find fun and self-fulfilling. Please become a Prescott Senior Olympian — enter today!

General Information

- Please log on to the Prescott Senior Olympics' website: http://www.prescott-az.gov/services/parks/sr_olympics. Here you can view and compare last year's results, and you just might see a familiar face involved in last year's games. General information regarding this year's games, along with an event schedule are also available on the website.

Event/Game Dates....Friday, August 6 through Sunday, August 29, 2010.

Eligibility“Young at Heart” Seniors, 50 years of age and up on or before December 31, 2010, for all events in the 2010 Prescott Senior Olympics. Refer to the “Rules and Regulation” section in this Booklet.

Gender DivisionsFor all “Physical” events, excluding Coed Sports, Men and Women will compete separately. For all “Leisure” events (Pinochle, Scrabble, Poker), there will be no gender separation or age distinction.

Age Categories.....For all “Physical” events, the Prescott Senior Olympic Committee will strive to coordinate competition and fellowship in five-year age groups (50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+). To insure adequate participation, however, certain events may have to be combined into 10-year increments. In these cases, medals will still be awarded in the announced five-year increments, provided the individual/team participates.

Participation InformationParticipants should plan to be at their event(s) at least 30 minutes prior to the announced starting time(s) indicated on the “Schedule of Events”. Specific event “Rules and Regulations” are outlined in the following section of this Registration Booklet.

Events postponed due to inclement weather will be rescheduled as soon as possible. Cancellation of events will only occur as a last resort. Make-up information will be available at the event site. You may also call 777-1122, ext. 0,

for current event cancellations. As always, you may also call the Prescott Sports Division, Monday through Friday, between the hours of 8:00am – 5:00pm for personal assistance on all matters pertaining to the Senior Olympic Games. That phone number is (928) 777-1122, extension 0.

All requests for accommodations regarding special equipment or assistance for people with disabilities will be honored. Accommodations will be made when possible.

Part of Senior Olympics is joining together as “good sports.” Good sportsmanship is needed and expected. If necessary, Event Officials may disqualify participants not adhering to these values.

Equipment All equipment will be provided, except the following; tennis and racquetball racquets, eye guards and goggles, horseshoes, weight lifting belts, softball bats and softball gloves, helmets, pistols, rifles, shotguns, golf clubs, golf balls and all equipment for shooting sports. Eye guards are required for racquetball. Participants may bring most personal equipment, and please bring personal game sets for the “leisure” type games, if possible.

Awards All medallions will be presented on-site at the COMPLETION of the event/meet. Olympic style medals will be awarded to 1st, 2nd, and 3rd place finishers in each competitive event, for each gender, division, and age category offered.

Age categories will be followed for awards purposes, as designated, even in the instances where age groups have been combined due to insufficient entry, as long as individuals/partners/teams compete with younger participants (physical events). Individuals/partners/teams are not entitled to medals by default, in cases where there is no opposition. All Olympians must attend, and compete with another age group, in order to be a “medal winner.”

Spectators/Fans Family, friends, and the general public are encouraged and personally invited to support their “heroes”, and if we can’t get you to play along, please attend the events as spectators.

Medical There will be medical personnel available on-site at some of the events. If you must be transported by ambulance, fees apply.

Physical Therapy Massage therapy services will be on-site during some of the events.

Entry Deadline Registration deadlines for all events are listed under each event. However, you will not be able to order a polo shirt or tank top after July 9, 2010. We hope you enjoy the original events you participate in and then decide to enter additional events (normally at least three days prior). There will be some exceptions to this entry deadline procedure, as entry will be needed a little sooner for a few events.

Entry Information For Individual as well as Doubles/Partners entry, each Individual and/or Partner must submit a separate and completed (both sides) registration form with appropriate and full payment for total participation. These forms are provided in this Booklet.

For Team events (Softball, Volleyball, Basketball), Team Managers are responsible for submitting total team fees and a completed “Official Team Sports Entry Application”, also provided in this Booklet. Team rosters will be provided on-site, and all participants will need to sign team rosters/waivers prior to their team’s first game/match.

Please refer to the "Schedule of Events" to avoid conflicts and to allow for necessary transportation time between events.

Please do not select two events that will be conducted at the same time. Review the event schedule and choose only those events that do not conflict. The Prescott Senior Olympic Committee cannot guarantee exact ending times for each event, so again, use careful judgment in your personal selections.

Registration Fees Individuals: Registration is \$20.00 per person. Unless otherwise noted, event fees are an additional \$5.00 per event. Participants will receive a Prescott Senior Olympics t-shirt and bag. Each entrant must register and participate in at least one event to receive a souvenir T-shirt. Other shirts are available:

	<u>Instead of Gift T-Shirt</u>	<u>In Addition to T-Shirt</u>
Polo Shirt	\$10	\$15
Tank Top	\$5	\$10

Orders MUST be received with Registration by July 9. You will not be able to order a polo shirt or tank top after July 9, 2010. Please make checks payable to "City of Prescott." Any questions regarding registration or competition can be directed to the Prescott Sports Division Programming Office, phone (928) 777-1122, fax (928) 771-5843, or email don.fishel@prescott-az.gov or michelle.stacy@prescott-az.gov.

Teams.....Team fees have also been established based on \$20.00 per person. This entitles all rostered players to receive the same benefits as "Individual" entrants (refer to above paragraph under "Registration Fees"). Teams may choose to roster additional players, at \$20.00 per player. Once a participant is officially rostered/registered, they may elect to enter other Individual or Doubles/Partners Senior Olympic events offered. Participation in additional events will simply cost \$5.00 per event, including co-ed volleyball.

Additional User Fees .Additional user fees required are for participants entering the 18-Hole Golf Tournament at Antelope Hills and Racquetball at Downtown Athletic Club. Golfers will need to pay an additional \$30.00 at time of registration (green fees and cart accommodations). Racquetball is an additional \$10.00 for non-members.

Refunds In the event you are unable to participate in the 2010 Prescott Senior Olympics, after you have officially registered, said moneys will be retained as a donation unless you notify the Prescott Sports Division, in writing, prior to the registration deadline for your event(s), of your desire to be fully refunded. Failing to "show" for an event or events will not warrant refund.

Senior Olympic Shirts All registered participants of the 2010 Prescott Senior Olympics will be given participation T-shirts. All Olympians will receive their T-shirts at their first event site. Additional T-shirts may be purchased (\$10 for tank tops; \$15 for polo shirt), but supplies are limited.

Everyone is invited to join the Mile-Hi Horseshoe Club for free hamburgers on Friday, August 20 at 5:30 p.m. This is offered as part of the Horseshoe Event on that day. Please call the event commissioner to confirm, or check the appropriate box on the registration forms.

EVENT RULES AND REGULATIONS

5K/10K RUNS

Saturday, August 7

Brownlow Trail at Pioneer Park

Check-in: 7:00am

Time: Race Begins at 7:30am

Entry Fee: \$5.00

Entry Deadline: Wednesday, August 4

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Don Fishel 777-1553

The 5K and 10K runs will both begin at the same time. Participants must indicate which of the two runs they intend to compete at time of registration. Men and women will compete separately in 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus age groups. There will be water stations and course attendants on-site.

BADMINTON

Sunday, August 8

Prescott High School, Girls Gym

Sign-in: 9:30 am

10:00 am - 5:00 pm (matches)

Entry Fee: \$5.00 per player per event

Entry Deadline: Thursday, August 5

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Diane Rivera 710-9344

Separate Men's/Women's **Singles** and **Doubles**, along with **Mixed Doubles** Divisions. Five-year age group offerings – 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 Plus.

Double Elimination or round-robin format, based on entries. Only an underhand swing of the racquet is permitted while serving. The service is considered overhand and illegal if the shuttle at the instant of being struck is higher than the server's waist.

The server starting play stands in the right half of the court and serves to the opposite right hand half court. If the server wins the point, server then serves from the left hand half of court and into the opposite left-hand half side. Thus, service is always in the right half court when the server's score is an odd number. There will be a point for every serve. Lights and ceilings are out. Participants may bring their own racquets, however, rentals will be available.

BASKETBALL - 5 ON 5 FULL COURT



Saturday, August 14

10:00am – 6:00pm

Prescott High School

Team Entry: \$160.00 per team, plus (optional) \$20.00 per additional player – max. 10 players per team.

Entry Deadline: Wednesday, August 11

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Mike Davidson 777-1558

Men's division offered: 50, 60, and 70. Games will be officiated by Certified AIA officials. Round robin or 3 game guarantee bracketing in effect. Games will consist of two 15-minute halves with the clock stopping during the last 2 minutes of each half (dead ball situations), and during all free throw situations throughout the game. Overtime periods will be 3 minutes. Players will foul out upon their 5th personal foul. On each team's 7th team foul (per half), teams will shoot "1 and 1". Three point shots are in effect. Age divisions will be determined by actual age of youngest rostered player. All other rules will be governed by National Federation rules.

BOCCE OPEN DOUBLES CHALLENGE

Thursday, August 12

9:00 am – 5:00 pm

Watson Lake Bocce Courts

Maps and rules will be mailed to participants prior to the tournament.

Entry: \$5.00 Per Person

Entry Deadline: Monday, August 9

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Jim Liberti, (928) 778-6424, jimliberti@aol.com

This will be an "open" competition. Teams of men, women, or co-ed will play each other in the same tournament. There will be no separate men's or women's tournaments.

You must have a partner when you register.

Competition will be in five-year age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus.

We will use a modified version of the United States Bocce Federation Rules. Bocce ball sets will be provided and must be used. Matches will consist of one game to 13 points. This may change depending on number of teams registered. Volo shooting (lofting the bocce ball beyond the center line) is not permitted.



BOWLING

Men's & Women's Singles Bowling

Saturday, August 21

Prescott Plaza Bowl

10:00 am – 12:00 noon / singles

1:00 pm – 3:00 pm / ALL doubles

Entry Fee: \$5.00

Entry Deadline: Wednesday, August 18

You must register by July 9 if you are ordering a polo shirt or tank top.

Men's Doubles, Women's Doubles, Mixed Doubles

Saturday, August 21

Prescott Plaza Bowl

1:00pm – 3:00pm

Entry Fee: \$5.00 per person

Entry Deadline: Wednesday, August 18

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Cal Cordes, 445-2859 or cell 533-6519

Assistant Commissioner: Warren Robinson



The Singles tournament will feature three games played, with "Scratch" as well as "Handicap" Divisions available. For Doubles play all divisions will be based on 90%. For "Scratch" play best series total wins. For "Handicap" play each player must provide 21 game "Blue Book League Average" to the Event Chair 30 minutes prior to start time of tournament. If there is no average available, handicap will be based on 200. Participants must register "scratch" or "handicap" for Singles play at time of registration. Men and Women will compete separately. Age groups will be: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. For doubles play actual age of the youngest player will determine team age.

EQUESTRIAN

Gold Medal Event Sponsor:

Prescott Frontier Days

Saturday, August 21

Prescott Rodeo Grounds, Prescott, AZ

Times: 8:00 am Registration. Show starts: 9:00am

Pre-registration recommended.

On-site registration available.

Entry fee: \$5 per event after initial registration fee.

Entry Deadline: Wednesday, August 18

You must register by July 9 if you are ordering a polo shirt or tank top.

EQUESTRIAN (cont.)

Event Commissioners: Carolyn Mason, with Barbara Sweeney, Ray & Kathleen Cochran
Age groups will be combined to insure adequate competition. Medals will be awarded in age groups of 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. AQHA RULES WILL APPLY, with adaptations per committee. Classes will NOT INCLUDE CANTERING for safety reasons.

MULES WELCOME

Order of Events

Western Showmanship
Western Pleasure, Walk Trot
Western Equitation, Walk Trot
Western Riding, Walk Trot (Western and Gaited)
Gaited Class
Lunch Break (when appropriate)
Trail Class (Western or English tack)
****And Just for Fun...Egg & Spoon Race****
English Showmanship
English Pleasure, Walk Trot
English Equitation, Walk Trot

NO BOSALS OR HACKAMORES OR BITLESS BRIDLES
Snaffle bits may be ridden with two hands,
Shank bits must be ridden with one hand.



GOLF

Double Gold Medal Event Sponsor: Kiwanis Club of Prescott SEPARATE MEN'S & WOMEN'S 4 PERSON SCRAMBLE

Tuesday, August 10
Antelope Hills South Course
Check-in: 10:00 - 10:30 pm
Time: 11:00 am shotgun start
Entry Fee: \$50.00 (includes \$20 Senior Olympics registration fee and Green Fees & Cart). If you play both golf tournaments, the entry fee for the 2nd tournament is only \$30.00.
(Senior Olympics Polo Shirts instead of tee shirts are available for additional \$10.00)
Entry Deadline: Wednesday, August 4
You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Don Fishel 777-1553

Men's and Women's four person scramble will compete separately. Medals will be awarded in age groups of 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. You can sign up to play with your own four-some, or you can sign up individually and will be paired with a group. For the four-person scramble play, team age will be determined by actual age of the youngest team player. Format will be "Low Gross" 18-hole scoring. Local playing rules will be available and announced at Antelope Hills Golf Course. The tournament will begin promptly at 11 am, shotgun start. Expected time of play is 4 hours.



SEPARATE MEN'S & WOMEN'S INDIVIDUAL COMPETITION

Tuesday, August 17
Antelope Hills South Course
Check-in: 10:00 to 10:30 am
Time: 11:00 am, shotgun start
Entry Fee: \$50.00 (includes \$20 Senior Olympics registration fee and Green Fees & Cart). If you play both golf tournaments, the entry fee for the 2nd tournament is only \$30.00.

GOLF (cont.)

(Senior Olympics Polo Shirts instead of tee shirts are available for additional \$10.00.)

Entry Deadline: Wednesday, August 11

You must register by July 9 if you are ordering a polo shirt or tank top.

Separate Men's and Women's singles competition, with age group offerings of 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. Pairings may be mixed, depending on overall individual entry. Format will be "Low Gross" 18-hole scoring. Local playing rules will be available and announced at Antelope Hills Golf Course. The tournament will begin promptly at 11am, shotgun start. Expected time of play is 4 hours. No player will be required to record more than a quadruple bogie (4-over par) on any one hole.

HORSESHOES

Friday, August 20

Watson Lake Park

5:30 pm – 8:00 pm

Events: Separate Men's/Women's Singles and Doubles

Entry Fee: \$5.00 per event

Entry Deadline: Wednesday, August 18

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Cal Cordes (928) 445-2859 or cell 533-6519

Age groups will be in five-year increments, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. To insure adequate competition, age groups may be combined by the Event Chair, but medals will still be awarded in five-year increments. Format will be Double Elimination or Round Robin, depending upon the number of overall participants. All games will be played to 30 points. "Cancellations" will be in effect. "Percentages" will not be used, as participants are simply competing to determine best pitchers per five-year age group. Participants need to bring their own "Shoes". For Doubles play, team age will be determined by actual age of youngest team player. Doubles competition will begin once Singles play concludes. Register for one or both events! Some loan shoes will be available on site.

*See page 5 for information on
FREE hamburgers for everyone!*

PINOCHLE

**Gold Medal Event Sponsor:
Las Fuentes Resort Village**

Wednesday, August 11

Las Fuentes Resort Village

6:30pm – 10:00pm

Entry Fee: \$5.00

Entry Deadline: Monday, August 9

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Richard Bozeat - 445-9400

Maximum of six (6) players per table. The deal rotates with eight (8) cards dealt to each player. Players bid on the cards they are dealt. If all players pass on bidding, the dealer gets a bid of one (1). Trump will only be made if a player has nine (9) or a marriage (King or Queen of a particular suit – i.e., hearts, diamonds, spades or clubs). Otherwise, a no trump hand will be played. If a player bids on his/her hand



and doesn't make the bid, he/she goes down double, if played. If a player throws his/her hand in, he/she goes down for the initial bid. Other players receive their meld points. If played, players receive their meld for their score, if they take a trick. One player shall keep score for their table. The total score for each match will be 100 points; point count will be in units of 10s, not 100s (i.e., a run is 15, not 150). Additional questions will be resolved before match time. Scores will be counted to a cut off time of 10 pm.

POKER

Gold Medal Event Sponsor: Las Fuentes Resort Village

Thursday, August 19

Las Fuentes Resort Village

6:30pm - 10:00pm

Entry Fee: \$5.00

Entry Deadline: Monday, August 16

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Don Fishel 777-1553

All participants will have the same amount of "chips." The game is NO LIMIT TEXAS HOLD 'EM. Blinds and betting are increased during the evening by the Event Commissioner. Once a player's chips are gone, that player is eliminated. The top two players from each table advance to the finals. No hand can start after 9:45 pm. Dealers (non-participants) will be in charge of their table and will make certain instructions are followed. There will be no gender or age separation or distinction for this "leisure" event.

POWERLIFTING

Gold Medal Event Sponsor: Peterson² Physical Therapy

Saturday, August 14

YMCA

1:00 p.m. - 5:00 p.m.

Entry Fee: \$5.00

Entry Deadline: Tuesday, August 10

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Fran Romero (928) 445-7221

Three events in one. All events are separate competition with Men's and Women's Divisions, in the following age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 +. Participants may sign up for one, two or all of the following events. medals will be awarded for each event.

Entry regulations: Weight lifting training and experience are required. Lifters must bring their own belts and are expected to wear clothing appropriate for the sport. A formula based on age, weight and poundage will be used to determine the winners in

each event.

SQUAT - Lifters must squat so that thighs are parallel to the ground for a legal lift.

BENCH PRESS - Lifters must lift and hold weight from their chest to the extended position.

BENT LEGGED DEAD LIFT - Lifters must bring weights from ground to a standing position, and hold.

RACE-WALKING

Gold Medal Event Sponsor: John and Kati Kelly

Saturday, August 14

Prescott High School

Check-in begins at 8:30 am

9:00 am - 1:00 pm

Entry Fee: \$5.00 per event

Events: 1,500 Meter & 5000 Meter

Entry Deadline: Wednesday, August 11

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Rick Hormann 777-1557

Separate Men's and Women's Competition in five-year age groups, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 +. Racewalkers may compete together, based on group size, but medals will be awarded in five-year age increments. The 1,500 meter event will take place first. Participants may enter one or both races. Participants must use proper Race-walking techniques. Judge's decisions will be final in determining all Race-walking disqualification's. Athletic shorts must be worn. Panty hoses or bare knees will be permitted during the events. *See track & field info for order of events.*

RACQUETBALL

Saturday - Sunday, August 21 - 22

Prescott Downtown Athletic Club

Times: Both days, 9:00 am - 5:00 pm (depending on number of matches)

Club opens 8:30 am

Entry Fee: \$5.00 per event

Additional \$10.00 for Non-Club Members

(one time fee - not daily)

Entry Deadline: Friday, August 13

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Jerry Northwood 778-9619

Tournament Director: Claudene Northwood (same)

RACQUETBALL (cont.)

Saturdays Singles - Women & Men Age Groups
Sunday Doubles - Women, Men and Mixed

- Youngest partner determines age group. Players will be allowed to participate in one singles, one doubles, and one mixed doubles event.
- Format will be determined by number of players in each age group with the emphasis on maximum play (round robin preferred - you cannot be eliminated)
- Participants will need to indicate singles and/or doubles at time of registration.
- Age groups are in five-year increments (50-54 - 80+)
- Where there is insufficient competition in any one age group the group will play down to next lower age group to assure maximum matches and competition for all. HOWEVER, medals will still be awarded in five-year age groups.
- USRA rules will apply. **Approved protective eyewear at all times.**
- Tournament Director has the authority to reclassify players in age groups.
- Starting times available Thursday, August 19- 8:00 am - 9:00 pm (928) 778-9619 or (928) 445-0204.
- Hospitality provided at no cost.

SCRABBLE

**Gold Medal Event Sponsor:
Las Fuentes Resort Village**

Wednesday, August 11

Las Fuentes Resort

12noon - 5:00pm

Entry Fee: \$5.00

Entry Deadline: Monday, August 9

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Cindy Rowan (928) 777-1554

National Scrabble Association rules apply. Participants should bring scrabble boards. 5 games will be played. Players will draw for opponents. 2 players per board. Matches will be set up so that no 2

players will compete against each other twice. During round 5, the Event Chair will assign opponents based on total scoring recorded through Round 4. Total points earned for all 5 games will determine winners. Games will last no longer than 50 minutes. To begin each game, players draw from tile pool for order of turn with earliest letter in the alphabet (or blank) getting first turn. Players draw 7 tiles. Players will be given 2 minutes to pass or play. Challenging a word: if correct, said player putting word on board gets no points and letters are removed from board. Said player's turn ends. If incorrect in challenging, player challenging loses turn. Turns are complete when scores are announced. If player draws too many tiles, opponent selects excess tiles and returns them to the pool. Players may use any turn to exchange letters in rack, provided there are the same number of remaining tiles. In that turn, no word is played. If a player cannot play, he/she passes turn. Game proceeds until 1 player goes out, all tiles are used, or Event Chair announces end of game.



SHOOTING

RIFLE AND PISTOL EVENTS

General Requirements

Entry Deadline: July 25

You must register by July 9 if you are ordering a polo shirt or tank top.

Age Groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+.

Participants are required to supply their own equipment and ammunition. Ear and eye protection are required. All firearms must be unloaded at all times until you are on the firing line and have been instructed to load. Refreshments will be available. The Club Range is located in northwest Prescott, AZ off of Granite Basin Road on Forest Service Road 374-E. Take Iron Springs Road west, approximately

SHOOTING (cont.)



1.5 miles from the Williamson Valley Road intersection with Iron Springs. Proceed west to Granite Basin Road, and turn right (north) and follow the signs to the Rifle Range.

Event Commissioner: Terry Liffick (928) 636-7717

Blackpowder Rifle

Sunday, August 8

Prescott Sportsmen's Club Range

Check in at 8:30 am – Match begins at 9:00 am

Entry Fee: \$5.00

Course of Fire: 25 shots at 25 yards. Off-hand (Standing).

Equipment: Percussion or Flintlock muzzle-loading rifles (no-inlines). Iron sights.

Sporting Rifle

Monday, August 16

Prescott Sportsmen's Club Range

Check in at 9:00 am – Match begins at 10:00 am

Entry Fee: \$5.00

Course of Fire: 20 shots Prone: 20 shots Sitting or Kneeling: 20 shots Standing for a total of 60 shots (plus sighters). Standing stage at 25 yards; other stages at 50 yards.

Equipment: 22RF sporting rifles weighing no more than 8.5 pounds. No cuff slings (hasty slings OK) or shooting coats. Any sights including telescopic up to 8 power. Wheelchair shooters welcomed (will fire all stages from sitting).

Precision Pistol

Tuesday, August 17

Prescott Sportsmen's Club Range

Check in at 12:30 pm – Match begins at 1:00 pm

Entry Fee: \$5.00

Course of Fire: A 20 shot slow-fire stage followed by a 20 shot timed-fire stage (4 strings of 5 shots in 20 seconds for each string) and a 20 shot rapid-fire stage (4 strings of 5 shots in 10 seconds for each string) fired one-handed.

Equipment: 22RF with any sights including telescopic.

Sporting Pistol

Tuesday, August 17

Prescott Sportsmen's Club Range

Check in 9:00 am – Match begins at 10:00 am

Entry Fee: \$5.00

Course of Fire: A 20 shot Slow-fire stage followed by a 20-shot Timed-Fire stage (4 strings of 5 shots in 20 seconds for each string). Fired two-handed.

Equipment: 22RF Any sights including telescopic. No holstered pistols. Wheelchair shooters welcomed.

Precision Rifle

Sunday, August 15

Prescott Sportsmen's Club Range

Check in at 8:00 am – Match begins at 9:00 am

Entry Fee: \$5.00

Course of Fire: 120 Shot English match (two 60 shot Prone stages) at 50 meters.

Equipment: 22RF single shot target rifles conforming to NRA smallbore equipment rules. Any sights including telescopic. Slings and shooting coats allowed.

TRAP AND SKEET EVENTS

General Requirements

Friday, August 6

Entry Deadline: July 25

You must register by July 9 if you are ordering a polo shirt or tank top.

Squads of 5 shooters will be assigned. Shooters will be competing with their age group.

Age Groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+.

Squad assignments and shooting times will be scheduled to allow shooters to enter all events. Shooters must provide their own guns, target ammunition (size 7.5 shot or smaller) and safety equipment (eye and ear protection).

Wheelchair shooters are welcomed. Lunch and refreshments will be available.

SHOOTING (cont.)

Shooting Sports Commissioner is Terry Liffick (928-636-7717).

Friday, August 6

Phone: (928) 772-9539

Prescott Trap and Skeet Club directions: From Phoenix area, take I-17 to Cordes Junction, exit #262. Turn west towards Prescott, 23 miles on Hwy. 69. The club is located on the north side of the road 1 mile past the stop light at Prescott Country Club. From the Prescott area, take Hwy. 69 through Prescott Valley and approximately 2 miles to the bottom of the hill and the **Trap & Skeet sign** on your left.

Skeet Shooting

Entry Fee: \$5.00

Practice at 9:00 am (practice round fee is \$5.50), tournament begins at 1:30 pm.

Event: 2 rounds of regulation skeet.

Trap Shooting

Entry Fee: \$5.00

Practice at 9:00 am (practice round fee is \$5.50), tournament begins at 9:30 am.

Event: 2 rounds of regulation trap at the 16 and 22 yard line.

Double Trap Shooting

Entry Fee: \$5.00

tournament begins at 11:00 am.

Event: 1 round (50 shots) of double trap at 16 yard line.

SOFTBALL

Saturday, August 7 – Sunday, August 8

Pioneer Park

Games will start at 8:00 am

Team Entry: \$300.00

Entry Deadline: Thursday, July 29

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioners:

Michelle Stacy (928) 777-1552 (Parks and Rec)

Mike Davidson (928) 777-1558 (Parks and Rec)

Steve Smith (928) 771-8620

Women's Division Only – 5 year age groups (50-54), (55-59), (60-64) and 65+

Format will be Pool Play, followed by elimination tournament. All teams are guaranteed a minimum of 4 games.

Tournament Committee reserves the right to combine age divisions if less than adequate team entries.

Age divisions for the softball tournament will be in accordance with ASA rules, which depicts a players age as "actual age on December 31st, 2010. The team age will be determined by the actual age of the "youngest rostered team player". Teams may roster up to 15 players with all 15 receiving Senior Olympics T-Shirts.

- All players must show proof of age at time of pre-tournament check in.
- ASA rules will be used as a guideline. Modified tournament rules will be furnished at tournament check-in site.
- All bats meeting the 1.20 BPF standard are approved
- For team starting times, **MANAGER'S** please call Prescott Parks and Recreation at (928) 777-1122 Monday, August 2, 2010 after 12:00 noon.
- Water will not be provided.



SWIMMING



Sunday, August 15

Prescott YMCA Swimming Pool

11:00 am – 3:00 pm (Warm-ups at 10:30 am)

Entry Fee: \$5.00 per event

Entry Deadline: Monday, August 9

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Myrna Swarsbrook
(928) 445-7221

Men and Women will compete separately, in the following five-year increment age divisions; 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. Divisions may be combined during timed heats, but medals will be awarded per age group. The following Individual events are scheduled to be conducted in the following race order; 200 yd. Free style, 50 yd. Butterfly, 25 yd.



Free style, 50 yd. Backstroke, 100 yd. Medley, 50 yd. Free style, 50 yd. Breaststroke, 100 yd. Free style, 200 yd. Medley. All events are timed finals.

TABLE TENNIS



Friday, August 13
Grace Sparkes Activity Center Gym
11:00am – 5:00pm
Entry Fee: \$5.00

Entry Deadline: Wednesday, August 11
You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Mike Davidson 777-1558

Separate Men's & Women's Singles Divisions offered. Five-year age group offerings, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. Age groups may be combined to insure adequate competition, but medals will still be awarded in five-year age groups.

Elimination format will be conducted. Participants should bring their own paddles. Approved paddles can be covered with rubber, smooth, pimped, or bare wood. Sandpaper paddles are not allowed. Server must toss ball into air from "palm of the hand". Matches will be best 2 out of 3 games. Participants will officiate/score their own games. Event Chair will rule on any/all disputes. Additional rules provided. Doubles play will be conducted on a recreational basis only, after the official single tourney concludes.

TENNIS

Singles, Doubles and Mixed

Friday, Saturday and Sunday, August 20-22
(Friday if we have a large draw; Saturday all day; Sunday finals)

Prescott High School

Times: Friday - Saturday: 9:00 am - 5:00 pm,
Sunday – 8:00 am - 6:00 pm

Entry Fee: \$5.00 per player per event

Entry Deadline: Friday, August 13

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Rick Hormann 777-1557

Guaranteed 2 matches (4 sets) bracketed, round robin and/or consolation format may be used depending on draw size.

USTA Rules: Best two out of three set (with tie-breaker at six all). In lieu of third set (split sets), the ten-point tie-breaker will be used (same as normal tie-breaker but first to 10, win by margin of two).

Age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ (age groups may be combined if necessary).

Sign up at the Grace Sparkes Activity Center.

Draw available 10:00 am, Tuesday, July 21. Posted at Grace Sparkes Activity Center, and Prescott Racquet Club.

TRACK & FIELD



Saturday, August 14

Prescott High School

Check-in begins at 8:00 am

Meet times: 9:00 am – 1:00 pm

Entry Fees: \$5.00 per event

Entry Deadline: Wednesday, August 11

You must register by July 9 if you are ordering a polo shirt or tank top.

Event Commissioner: Rick Hormann 777-1557

Separate Men's and Women's Individual Competition. Age groups will be in five-year increments, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80 plus. Age groups may be combined to insure adequate competition, but medals will still be awarded in five-year increments. U.S.A. Track & Field Rules (USATF) apply. The tentative order of racing events is: John Kelly 1500 meter racewalk, 50-meter dash, Wes Santee Mile, Virgil McIntyre 100 meter dash, 800 meter run, 200-meter dash, 5000-meter racewalk, and 400 meter run. Field events will be conducted in conjunction with racing events, in the following order:



Standing Long Jump, Shot Put, Running Long Jump, Javelin, Discus. Participants wishing to enter a combination of running/field events may do so, but must make sure they check-in at the Field Events and advise the Event Coordinators of the situation. Reasonable efforts will be made to accommodate individual situations, providing it does not adversely effect the administration of any/all field events. Participants may use 1/4" spikes or non-studded running shoes. Participants must bring own implements. Participants may bring their own personal javelin (approved size by State Games). Field Events will allow for 3 attempts. Participants will be permitted to enter a maximum of 6 Track & Field events (including race-walking).

VOLLEYBALL



Gold Medal Event Sponsor:
Bentree Custom Homes
6 on 6 Volleyball
Saturday-Sunday, August 28-29

Saturday, August 28

7:30 am - 6:00 pm

Men's: Prescott High School

Women's: Yavapai Community College

Sunday, August 29

7:30 am - 6:00 pm

Coed: Prescott High School

Entry Fee: \$120.00 per 6 person team, plus
\$20.00 per additional player – max. 9 per team
Event fees apply in all cases.

See registration form for additional fee instructions.

Entry Deadline: Friday, August 20

*You must register by July 9 if you are ordering a polo
shirt or tank top.*

Event Commissioners:

Patty Enders (928) 443-5821, paenders@aol.com

Bob Harder (928) 778-0276, jerosa@cableone.net

George Hedge (928) 445-3327, ghedge@cableone.net

Age groups will be in five-year increments: 50-54,
55-59, 60-64, 65-69, 70-74, 75-79, and 80+ but may
be combined depending on registration numbers.

Format will be Round-Robin in the morning to
determine seeding for a single elimination tournament

in the afternoon. All divisions with two or more teams
will have their own single-elimination tournament.
In those cases, teams will have to play in the age
division in which they are registered. If there is only
one team in an age division, that team will play in the
tournament of the next lower division.

Rules will be addressed at the captain's meeting
scheduled for 8:00 am each day. All captains are
required to attend. In general, USAV rules will apply
but may be modified as necessary. All teams will be
required to provide two Line Judges and a Scorekeeper
during their non-playing times. This number may
increase depending on the number of teams entered.
Line judges and Scorekeepers are required to check
in with the Up Referees five minutes before the start
time for each match.

Free-agent list: If you need players to fill your team
or you would like your name made available to team
captains looking for players, call or email George
Hedge ASAP. The free-agent list will be closed at
5:00 pm on August 20. No names will be accepted or
given out after the list is closed. Ad hoc coed teams
formed by players by 12:00 pm on Saturday will be
allowed in the Sunday coed tournament.

Register your teams early. The men's and coed
tournaments are limited to the first 12 teams to register.
The women's tournament is limited to the first 9.

**Play will start at 8:30 am sharp. The gyms will be
open at 7:30 am for warm-ups.**



2010 PRESCOTT SENIOR OLYMPIC GAMES EVENT SCHEDULE

<u>DATE</u>	<u>LOCATION</u>	<u>TIMES</u>
Friday, August 6 Trap and Skeet	Prescott Trap and Skeet Club	9:00 am – 5:00 pm
Saturday, August 7 5k / 10k Runs Softball	Brownlow Trail, Pioneer Park Various Fields	7:00 am – 11:00 am 8:00 am – 5:00 pm
Sunday, August 8 Softball Badminton Black Powder	Various Fields Prescott High School Prescott Sportsmen's Club	8:00 am – 5:00 pm 9:30 am – 5:00 pm 8:30 am – 12:00 pm
Tuesday, August 10 Golf-4-Person Scramble	Antelope Hills South Course	10:00 am – 5:00 pm
Wednesday, August 11 Scrabble Pinochle	Las Fuentes Resort Village Las Fuentes Resort Village	12:00 pm – 5:00 pm 6:30 pm – 10:00 pm
Thursday, August 12 Bocce	Watson Lake Bocce Courts	9:00 am - 5:00 pm
Friday, August 13 Table Tennis	Grace Sparkes Activity Center	11:00 am - 5:00 pm
Saturday, August 14 Track and Field Basketball Power Lifting	Prescott High School Prescott High School Prescott YMCA	8:30 am – 1:00 pm 10:00 am – 6:00 pm 1:00 pm – 5:00 pm
Sunday, August 15 Swimming Precision Rifle	YMCA Prescott Sportsmen's Club	11:00 am - 3:00 pm 8:00 am – 12 noon

2010 PRESCOTT SENIOR OLYMPIC GAMES EVENT SCHEDULE (cont.)

Monday, August 16

Sporting Rifle	Prescott Sportsman's Club	9:00 am – 1:00 pm
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Tuesday, August 17

Golf – Individual	Antelope Hills South Course	10:00 am – 5:00 pm
Sporting Pistol	Prescott Sportsman's Club	9:00 am – 12:00 pm
Precision Pistol	Prescott Sportsman's Club	12:30 pm – 5:00 pm

Thursday, August 19

Poker	Las Fuentes Resort Village	6:30 pm - 10:00 pm
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Friday, August 20

Tennis	Prescott High School	9:00 am – 5:00 pm
Horseshoes	Watson Lake Horseshoe Pits	5:30 pm – 8:00 pm

Saturday, August 21

Tennis	Prescott High School	9:00 am – 5:00 pm
Racquetball	Prescott Downtown Athletic Club	9:00 am – 5:00 pm
Bowling, Singles	Plaza Bowl	10:00 am – 12:00 pm
Bowling, Doubles	Plaza Bowl	1:00 pm – 3:00 pm
Equestrian	Prescott Rodeo Grounds	8:00 am – 5:00 pm

Sunday, August 22

Tennis	Prescott High School	8:00 am – 6:00 pm
Racquetball	Prescott Downtown Athletic Club	9:00 am – 5:00 pm

Saturday, August 28

Volleyball, Men's	Prescott High School	7:30 am – 5:00 pm
Volleyball, Women's	Yavapai Community College	7:30 am – 5:00 pm

Sunday, August 29

Volleyball, Coed	Prescott High School	7:30 am – 5:00 pm
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**INDIVIDUAL
2010 EVENT REGISTRATION FORM**
All Events \$5.00 (Golf and Racquetball events have additional fees)

BADMINTON - Singles - AUGUST 8

BOWLING - Singles - AUGUST 21

Scratch

Handicap

EQUESTRIAN - AUGUST 21

Western Showmanship (Western)

Western Pleasure, Walk Trot

Western Equitation, Walk Trot

Western Riding, Walk Trot (Western)

Western Riding, Walk Trot (Gaited)

Gaited Class

Trail Class (Western)

Trail Class (English Tack)

English Showmanship

English Pleasure (Walk Trot)

English Equitation (Walk Trot)

GOLF, Individual (additional greens fee - \$30) - AUGUST 17

HORSESHOES - Singles - AUGUST 20

PINOCHLE - AUGUST 11

POKER - AUGUST 19

POWERLIFTING - AUGUST 14

Squat

Bench Press

Bent Legged Deadlift

RACQUETBALL - Singles (additional court fee \$10) - AUGUST 21-22

RUNNING - AUGUST 7

5k

10k

SCRABBLE - AUGUST 11

SHOOTING

Trap - AUGUST 6

Skeet - AUGUST 6

Double Trap - AUGUST 6

Precision Rifle- AUGUST 15

Sporting Rifle - AUGUST 16

Black Powder - AUGUST 8

Precision Pistol- AUGUST 17

Sporting Pistol - AUGUST 17

SWIMMING - AUGUST 15

25 Yd. Freestyle

50 Yd. Freestyle

50 Yd. Backstroke

50 Yd. Breaststroke

50 Yd. Butterfly

100 Yd. Freestyle

100 Yd. Medley

200 Yd. Freestyle

200 Yd. Medley

TABLE TENNIS- Singles - AUGUST 13

TENNIS- Singles - AUGUST 20-22

TRACK AND FIELD - AUGUST 14

1,500 Meter Race Walk

5,000 Meter Race Walk

50 Meter Dash

100 Meter Dash

200 Meter Dash

400 Meter Dash

800 Meter Dash

1 Mile Run

Standing Long Jump

Running Long Jump

Shot Put

Discus Throw

Javelin Throw

Doubles/Partners Events (each player must register separately)

- Badminton, Men's or Women's Doubles: Partner _____ August 8
- Badminton, Mixed Doubles Partner _____ August 8
- Bocce, Men's or Women's Double Partner _____ August 12
- Bowling, Men's or Women's Doubles Partner _____ August 21
- Bowling, Mixed Doubles Partner _____ August 21
- GOLF Scramble (add'l greens fee \$30) Partners 2 _____ August 10
- Partners 3 _____ August 10
- Partners 4 _____ August 10
- Horseshoes: Men's or Women's Doubles Partner _____ August 20
- Racquetball: Men's or Women's Doubles (add'l court fee \$10) Partner _____ August 21-22
- Racquetball: Mixed Doubles (add'l court fee \$10) Partner _____ August 21-22
- Tennis: Men's and Women's Doubles Partner _____ August 20-22
- Tennis: Mixed Doubles Partner _____ August 20-22

*Age divisions will be determined by the actual age of the youngest player as of December 31, 2010

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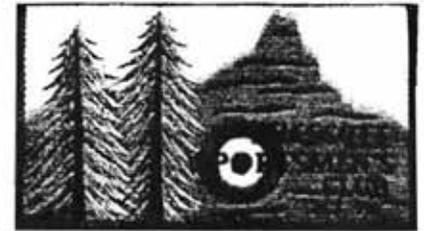
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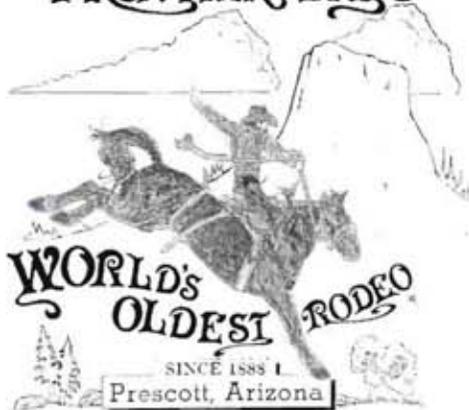
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